Thursday, March 15, 2012

Marathon goal for love of Lily

See page 4

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INSIDE: 21 pages of homes for sale

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## Toddler's date for US surgery

FUNDRAISERS are pulling out all the stops in their bid to help a two-year-old boy receive life-changing treatment in the US.

Aiden Thomas, from Haverhill, who was born 10 weeks early, was diagnosed with cerebral palsy last year.

He also has bilateral spastic hemiplegia, which causes stiffness in his right arm and leg and to a lesser extent in his left

leg.
The Aiden's Footsteps Appeal was set up by his parents Victoria Thompson and Gareth Thomas, to raise the £60,000 needed to send their son for treatment, to give him the best chance of leading a full life and keeping up with his twin brother Owen.

The appeal has already raised close to half the amount in a

Victoria gives Aiden daily physio to retain his limited range of movement, but he needs selective dorsal rhizotomy (SDR) surgery to help him walk.

Now his family have been told the toddler can receive the surgery in the US on May 15.

Email: editorial@haverhillweeklynews.co.uk

Victoria said: "We received confirmation that Aiden is an excellent candidate for SDR. The doctor feels that Aiden will be more comfortable, find moving easier, have better function in his right arm and will be an independent walker in all environments.

"We are now pushing really hard to raise the final amount we need to cover the cost of taking Aiden to the States, as we need to pay for surgery a month in advance.

"We are very excited at being given a date for Aiden's surgery but nervous at the same time, as we still have a lot to raise and the operation is scheduled to take place in just nine weeks.

"We know that there will be a lot of hard work following the operation but are looking forward to the summer and this new chapter in our lives and we can't wait for Aiden to be up on his feet running around enjoying the sunshine with Owen.

"We would like to say thank you to everyone who has



New chapter: Victoria Thompson with twin sons Owen and Aiden Thomas, right.

A fun day is taking place on Saturday at Haverhill Arts Centre, organised by Pink Sky Events, starting at 10am, with children, face painting, a colouring competition, a raffle

and an auction.

A ladies' night is being held at
Haverhill Ex-Servicemen's Club on Wednesday, April 4, with beauty treatments, fun and games. Tickets are £5, available from the club.

A quiz night will be held on Saturday, April 14, at Cheeky Chimps Funhouse. Tickets are

£10 and include a fish and chip or sausage and chip supper, donated by Chippys of Haverhill. Teams must have a

maximum of six people.

To donate, visit www.just giving.com/aidensfootsteps

To find out more about events and Aiden's progress visit www.aidensfootsteps.co.uk

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# College students renovate hostel

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

STUDENTS from Haverhill, Newmarket and Mildenhall helped give a facelift to a hostel for homeless people. Princes Trust Team 15 at West Suffolk

Princes Trust Team 15 at West Suffolk College officially handed over their completed community project at the Newmarket Open Door Hostel in the High Street to residents and staff.

The handover was the culmination of a week-long project in which the team improved the garden, built a sheltered barbecue area and decorated the kitchen area.

Newmarket Open Door, in Portland House, is a hostel for homeless people aged 16 to 30 years.

The team chose this from three community project options: the other two were renovating a woodland area in Haverhill or improving an outside area at the Open Road drug rehabilitation unit in Bury St Edmunds.

They decided on Portland House as two members of the group live there and the team wanted to help homeless young people in similar situations.

Students on the team included Luke Downey, Madison Hughes and Ryan Payne from Haverhill; David Miles from Newmarket and Jade Mulligan from Mildenhall,

Jane Savin, manager of Newmarket Open Door, said: "Residents and staff are grateful to the Prince's Trust team for choosing us for their community project. We appreciate the work they have done over the past seven days.

"Team members have made such a difference to the kitchen and garden which will benefit all our residents, particularly the barbecue area in the summer. This will make a lasting difference to the community."

The group broke into smaller teams to

raise money for tools and materials, collecting £384.

Activities included a fancy dress



Meet the team: Luke Downey, from Haverhill, foreground, with other members of the Prince's Trust group who upgraded a hostel for the homeless in Newmarket.

Day in Newmarket, a street collection in Bury St Edmunds and a fancy dress cake sale in The arc shopping centre, Bury St Edmunds.

The team also offered a bag-packing service to customers at Tesco Bury St Edmunds, raising £235, £100 of which was donated to the Tesco charity of the

year, the Alzheimer's Society.

The Prince's Trust Team programme gives unemployed 16- to 25-year-olds the skills and confidence to find a job.

More than three out of four young people who have completed Prince's Trust schemes move into work, education or training.

## Former mayor hits out at council's vision for future

A FORMER mayor says she and many other Haverhill residents are angry that their views have been ignore by planners mapping out how a huge housing development should be designed.

Aldine Horrigan, who was mayor in the 1990s and served on St Edmundsbury Borough Council for 17 years, was among residents who attended the consultations a year ago and again last week on plans for the town's development over the next 20 years.

over the next 20 years.

Mrs Horrigan said those who attended the consultation last week on St Edmundsbury Borough Council's Vision 2031 were upset to discover that the map for where 2,500 new homes are planned in north-east Haverhill still showed the access route joining Coupals Road,

cutting through a wildlife corridor.

She said: "We feel that our views have just been ignored. What is the point of us giving our views if they just do what they were going to do anyway?

"We feel the proposed access road of a 2,500 housing estate on to the narrow and restricted country lane called Coupals Road should be deleted from the plan as highly dangerous.

"It also cuts through the country parkland area, Haverhill country walks and a valuable wildlife corridor.

"We are not in agreement with the proposals as they stand and I think people need to know about it. Haverhill is going to be bursting at the seams and we have not even got a proper High Street yet

got a proper High Street yet.

"It is just not on, we need the

proper infrastructure, and we are all very concerned about this."

A council spokesperson said: "We are grateful to Mrs Horrigan and others for contributing to the Vision 2031 process and for highlighting issues that will be addressed in detail as we get further into the forthcoming master planning stages.

"On closer examination, they will find that their fears about the woodland belt are addressed in the current proposals. The road they refer to does raise significant issues which will need to be satisfactorily addressed.

"This is exactly this type of constructive involvement that we need to make sure that the vision works at a neighbourhood as well as a town level."

#### Police alert on laser pens

POLICE are warning of the danger of laser pens after a resident complained that one had been shone into his home. Police went to a house in Poplar Close, Haverhill, on Friday night to investigate the incident.

PC Michael Potter said the resident had been quite concerned and frightened by the incident. He stressed that shining powerful laser pens at people or vehicles could be very dangerous.

PC Potter said: "If people are shining these things in the public domain it could cause quite a catastrophic accident, if it was in the eyes of a driver in a moving vehicle."

Anyone with information about the incident or who sees anyone acting suspiciously should call Haverhill Police on 101.

#### School drugs projects win top recognition

A SCHOOL drugs project based on a concept developed by pupils from a Haverhill school has won national and local awards.

Suffolk Constabulary's Don't Let Drugs Wreck Your Life won the High Sheriff's Crimebeat Award, and was also commended in the National Crimebeat Awards at a ceremony in Bury St Edmunds.

The concept was developed by pupils from Castle Manor Business and Enterprise College in Haverhill, following a competition run by Suffolk Constabulary under the umbrella of the Suffolk Drug and Alcohol Action Team. It shows a wrecking ball swinging into a wall with the word 'Life'

This idea was developed into an interactive teaching resource in the style of 'Jenga-style' blocks, with the word 'Life' written down the side. On individual blocks are discussion topics such as relationships and health. The tower demonstrates that if these things are taken away, it becomes a less strong and safe structure and is designed to provoke discussion in young

Accompanying the tower are two DVDs, the first an instructional DVD and the second an 18-minute programme about drug misuse, which is split into segments suitable for a class of 10-12 year olds and 12+, both of which were produced by East Coast Productions.

The team was presented with their awards by the High Sheriff Stephen Miles at St Edmundsbury Cathedral. The winner of the local Crimebeat Award is put forward to the National Crimebeat Awards.

Suffolk Constabulary's Chief Constable Simon Ash said: "The hard work of the students at Castle Manor continues long after the original young people who began the project left school. Each year a new set of pupils takes on Don't Let Drugs Wreck Your Life as custodians to develop the scheme

"We have now seen the DVD and other educational material go to all upper schools in the county and there has been interest from around the country too. The national Crimebeat commendation also received is highly deserved and I would like to thank the team for all their hard work.

#### Police pledge to tackle problem car parking

INCONSIDERATE parking by parents outside a school is the new priority to be tackled by police.

This was one of three new measures set out at the latest meeting of Haverhill's Safer Neigh-

bourhood Team.
Other priorities set were pupils walking in the road on a section of Chalkstone Way with no footpath and daytime drinking at a children's olay area within the town's alcohol free zone.

The top issue was to tackle problems caused by parking outside Place Farm School in Camps Road at the start and the end of the school day. MP Matthew Hancock visited the school in January and Madeleine Vigar, head of the Castle Partnership Schools, showed him the



School visit: MP Matthew Hancock

problems caused by the traffic and inconsiderate parking, which she believes create a danger to pupils.

The third priority will be tackling

anti social behaviour by people consuming alcohol in the Aeroplane Park, at Hardwick Road, an area within the Haverhill Alcohol Free Zone, between the hours of 8am and around 3pm.

Inspector Peter Ferrie, sector commander for Haverhill, agreed that the issues would be investigated and discussed with partner agencies in a bid to find solutions.

These priorities will be adopted for the next three months, after which another meeting will be held to decide whether they should

remain or be replaced. Staff at Samuel Ward Academy had disputed suggestions that their pupils had been smoking and drinking as they left the school site. Inspector Ferrie said police had

worked extensively with the school after the priority was identified and could find no evidence at all of such behaviour.

Another issue of anti-social behaviour linked to adults sniffing gas cylinders in the area of Vange Place, Haverhill, was also discontinued after police found no-one committing such offences. The aim to tackle an increase in

night time burglaries at town centre premises had been targeted by foot patrol between the hours of 8pm and 6am from Monday to Sunday. Inspector Ferrie reported that after the initial surge in reported offences and the police response by increasing patrols in the targeted areas, there had been and dramatic reduction in offences

#### Pupils dishing up top recipes



Looks good: Mike Tokley, Haverhill Rovers chairman, with Peter Betts, also of Haverhill Rovers and Claire Bowden, Tesco community champion, with pupils Jaya Wright, Caitlyn Wiseman,

PUPILS, teachers and people in the local community have been cooking up a storm to try to win a contest for the most people making the same dish on the same

day.
The Big Cookathon was under way from 9am to 3pm last Thursday at Coupals Primary School in Haverhill, with organisers hoping to beat last year's figure of almost 400 people cooking. They had to make either ham and cheese crumble, or cheese veggie crumble, to win a share of £5,000

in prize money.
Organiser Sandra
Linanne said: "It's a massive challenge to have so many people all cooking on the same day, but we were determined to help Lets Get Cooking notch up its biggest total

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## Standards board clears council six

SIX parish councillors have been cleared of bullying allegations after a standards committee investigation.

Former Kedington parish councillor Gloria Double alleged that six members of Kedington parish council, including chairman Terry Wheeler, had breached the councillors Code of Conduct, accusing them of man-handling, bullying, abusive behaviour and collusion.

St Edmundsbury Borough Council's Standards Committee has been considering BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

the allegations and last week ruled that the six members had not breached the code in relation to these claims, although two had committed other minor breaches. No sanctions were imposed.

A statement issued by the parish council said: "For the past 21 months, six Ked-ington parish councillors have been under the shadow of serious allegations of breaching the Code of Conduct.

"The allegations of manhandling, bullying, abusive were brought to the Standards Committee, Assessment Sub-Committee of St Edmundsbury Borough Council by ex-Kedington parish councillor, Gloria Double.

"After a thorough investigation by St Edmundsbury's Investigating Officer, all councillors were found not to have breached the Code of Conduct for the above allegations."

However, one of the six councillors was found to have committed a minor breach of the code and another councillor was found guilty of a minor breach of the code on a technicality.

The statement added: "Neither breach was serious enough to warrant any disciplinary action against the two councillors.

"All members of the parish council have expressed their support for the two councillors and are pleased that no action is to be taken against them.

Kedington Parish Council is now looking forward to continuing to serve the interests of the parish to the best of their ability without the worry and distractions of these allegations hanging over them.

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REAL BODIES

## broadband by June

SUPERFAST broadband should be available to home and businesses in Haverhill by June, members of the town's Chamber of Commerce have been told.

Annette Thorpe, regional partnership director for BT, attended a meeting organised by the Haverhill Chamber and Enterprise groups to update them on progress in achieving a faster broadband, after complaints from members.

Ms Thorpe said work was underway to install the cabinets

for fibre optics needed before the service could go live,. Initially, speed would rise from a 20 to 40 mg maximum, rising later in the year to 80mg.

Ms Thorpe said: "We will be

providing the service for customers in the urban areas, but Suffolk County Council has received government funding specifically to provide the service in rural areas. It's crucial we get the message to rural communities that they need sign up for this, or they will miss

#### Finance advice for firms

BUDDING or already established entrepreneurs can learn a little more at Financing Your Business events on Tuesday, March 20.

Organised by the Haverhill-based Enterprising Acorns group, a guest speaker for this will be talking through how to go about gaining the right finance needed, what grants are available to those willing to

start their own business, and why creating a business in an economic downturn is an advantage.

There will be two sessions, with the first at 9.30am to 11am for over-24s, followed by a session from 11.15am to 12.45pm, for anyone under 24.

Anyone interested should email enterprise@jancavelle.com or call (01440) 766928.

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## BT promises superfast hroadband by June Mum sets out on marathon battle

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

A MUM whose daughter suffers from a rare stroke-like condition is running the London Marathon to raise money for a charity working to improve treatment for sufferers.

A decade after she started running – with the intention of tackling the marathon before she was 30 - Michelle Bamber has a place to take part next month – just two weeks after her 30th birthday.

Her 3-year-old daughter Lily was an extra reason to take part and her sponsorship money will be divided between the Lily Foundation, for mitochondrial disease sufferers, and Jo's Cervical Cancer

Michelle, of Burnthouse Close, Haverhill, had a normal pregnancy and labour when Lily was born in February 2009 and there was no indication that anything was wrong until she reached 17

Her parents noticed that as she took her first tentative steps, Lily did not seem to move in the same way as other children and was constantly falling over.

It was only after further checks at the age of 2, followed by three general anaesthetics in seven weeks last July for scans and a muscle biopsy, that Lily's condition was finally diagnosed.

Michelle said: "She seemed to take in her stride and amazed doctors by holding the mask to send herself of to

sleep, "Although Lily had been walking unaided, she could never run and could only totter along and would fall over on uneven ground.

"Then she stopped walking unaided and barely moved for more than three months.

"We have been told this has been caused by stroke-like episodes and she has several

points of damage to her brain.
"It has been almost eight months in total and she is now showing an interest in moving, she loves to dance and can take a few steps, but she needs to be held as she cannot stand by herself and tires very quickly.

"Lily has been diagnosed with probable Melas synd-rome, which stands for mitochondrial myopathy, encephalopathy, lactic acidosis and stroke-like episodes.

"We are still awaiting genetic testing to confirm this. The disease can affect an organ or part of the body or in the worst cases affect multiple organs and lead to death.

The Lily Foundation is funding development of testing procedures that will enable early diagnosis and treatment of the many varied symptoms.

"Lily is such a happy 3year-old girl, she has given my husband and I such strength, she doesn't complain when the doctors do their tests and for such a young child, seems

to understand what we tell her is going on.

"I started doing the Great North Run in 2005 and still had that ambition of completing London.
"It was when I saw the late

Jade Goody complete 22 miles from doing no training, that I felt if I put the training in, I could complete the whole course.
"This is why my first charity

to support is Jo's Cervical Cancer Trust as a little thank you to Jade for giving me the push to fulfill this dream.

Michelle set out to raise £700 and is already quite close to this, thanks to a donation from Haverhill Lions Club and support from local businesses.

For more information on her charities, or to sponsor Michelle, follow the links from her donations webpage www. virginmoneygiving.com/ michellebamber.

#### Fairytale story

AN adaptation of Hans Christian Andersen's *Ugly Ducking* is part of the Easter holiday programme at Haverhill Arts Centre. The tale is told on Tuesday, April 3, at 11am in the unique Kipper Tie company style, with of tunes, magical storytelling and fun.

Tickets are £5 and £18 for a family ticket, available from the box office on (01440) 714140.

#### **Getting smoothie**

A BIKE with a difference will be visiting a library and whipping up some tasty drinks. The Suffolk Smoothie Bike, which

is fitted with a blender on its handlebars, will be at Haverhill Library in Camps Road on Friday, March 23. There will be sessions between 10am and noon and pm to 3pm, during which the smoothie team will give inspirational information about the importance of a nutritious, balanced diet and regular exercise.



For a full list of what's happening visit www.fabweekend.co.uk



# Milkman Roger counts down to peak challenge

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

AFTER years of pounding the streets delivering milk, diary owner Roger Plumb has set himself a new challenge – to deliver a pint to the top of the world's highest freestanding mountain.

Roger, 42, owner of the Moojuice Dairy, based in Haverhill, will travel to Tanzania on June 13 and take eight days to climb Mount Kilimanjaro.

He will face altitudes of up to 5,895 metres and will be trekking through five different ecosystems.

The novice climber, who has been in training since Christmas for the trip, hopes to raise at least £5,000 in sponsorship for St Nicholas Hospice.

Roger has been a dairy worker for 25 years and is the grandson of the founder of Plumbs Dairy, based in Balsham.

Roger has probably walked thousands of miles since he first started working on the rounds, something he hopes will stand him in good stead when he undertakes his arduous challenge in Africa.

Roger said: "My wife did Machu Picchu a few years ago and I have always wanted to do something for a local charity and to keep fitter now that I don't get out on a round as often as I used to.

to.
"I am really looking forward to it. We once used a pedometer and we worked out that a milkman does around sevenand-a-half miles a day, six days a week. I love going out on the rounds, I always go out if someone needs training.

"Round here, it is so flat so I have been carrying a backpack and wearing leg weights to make it harder. I can walk all day long, but I think the hardest thing is going to be the altitude.



Crate expectations: Roger Plumb is in training for his assault on Kilimanjaro in June.

"I am going to take a bottle of milk with me and take a picture when I get to the top.

"I thought that the hospice was something local that people can relate to because every day you hear of someone with cancer. I asked them what they needed and they said some new beds, so that is what I hope to raise

"I have written to all my suppliers and hopefully the customers will support me too."

This month, milkmen will be giving out donation envelopes with deliveries or visit www.justgiving.com/moojuice.

#### Warning after burglars strike

THIEVES have stolen a large copper planter from a garden during the night.

The theft happened at Meeting Green, Wickhambrook, between 7pm last Friday and 6am the next day, when the planter was taken from a garden. It is described as approximately 2ft long and 20ins deep.

It followed a spate of break-ins reported at Wickhambrook last week.

Between 6pm on Monday, March 5 and 8.30am on Tuesday, thieves targeted outbuildings and sheds in the

Padlocks were cut open on two buildings and a window smashed on a

third. A quantity of dog food and a jet washer were stolen from one break-in, but nothing was taken in the other two.

Acting Inspector Mel Leaman of Haverhill urged people to think about security, to use locks and shed alarms, and to seek crime prevention advice from police if required.

Residents are also asked to look out for vehicles acting suspiciously in the area and to pass on their registration numbers and descriptions of drivers.

Calls in relation to these incidents should be made to PCSO Ryan Wilson on 101 or Crimestoppers anonymously on 0800 555 111.

#### Top wrestlers to stage contest

CHAMPIONSHIP wrestling arrives at Haverhill Arts Centre next month. Top names will include British Heavyweight Champion Yorghos, wrestling politician Richard Parliament and the Dark Lord.

The show is on Tuesday, April 10, at 7.30pm and tickets are £12, £10 concession and £35 for a family ticket, available from the Box Office on (01440)



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# Schools sign up for Olympic inspiration

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

HAVERHILL'S schools have signed up to a programme to get them involved with this summer's Olympics.

Suffolk is the first county in the region to have all of its schools signed up to the official London 2012 Education 'Get Set' Programme.

Education 'Get Set' Programme.

Although they have all joined the programme, there are still 108 schools that have not registered with the network that provides a number of Olympic and Paralympic related benefits.

Suffolk's children and young people will benefit from the wide range of free resources available through the Get Set Network, such as visits from athletes and fun activities linked to The Games. However, there are still some schools that are at risk of missing out.

of missing out.

Being registered with Get Set is not the same thing as being a member of the Get Set network. Registered schools and colleges must apply to join using a simple, fast and effective form telling London 2012 what they have done or what they have planned which is inspired by the Games

which is inspired by the Games.
Councillor Kathy Gosling, Suffolk
County Council's Portfolio Holder for
Sport, Culture, Diversity, Health and
Wellbeing said: "I am delighted to
announce that all our schools here in
Suffolk have signed up to the Get Set
Programme.

"I would strongly urge any school that is yet to become a member of the Get Set Network to do so soon, to avoid Suffolk pupils from missing out

out.
"It doesn't take very long to sign up, and the questions are really simple. It's completely worth it to make sure that our children are given every chance to be involved in the London 2012 celebrations."

Schools can apply online to join the Get Set Network at: www.london 2012.com/getset.



Stage presence: pupils from Samuel Ward Academy at Snape, where the school has performed for 24 years.

#### Repeat performance for Samuel Ward

PUPILS from an academy have performed at a leading music festival for the 24th time in the 25 years it has been running.

Students from Samuel Ward Academy in Haverhill took part in the school music festival at Snape Maltings on March 9. Over the last 25 years, more than 30,000 school pupils have taken part and performed to an audience totalling approximately 75,000.

This year, more than 1,600 performers

representing primary, middle, secondary and special schools throughout Suffolk took part, with the event culminating in a spectacular finale celebrating the past, present and future of the event.

The Samuel Ward year 7 choir, senio vocal group and chamber choir were joined together to form a choir of more than 50 students, accompanied by the jazz band.

The group had rehearsed extremely hard, including having to learn some

very complicated dance moves.

They performed three songs, the Baseballs arrangements of Katy Perry's Hot and Cold, Wherever You Are by Paul Mealor and a medley from Glee of two songs by Adele – Someone Like You and Rumour Has It.

Olivia Furse the school's head of music said the evening was fantastic, and the students were a credit to the academy.

## Company celebrates after environment award victory

A SPECIALIST print company has received an award for working to reduce its impact on the environment.

Specialized Print, corporate bespoke print specialists based in Haverhill, have been awarded the Suffolk Carbon Charter at Bronze level – demonstrating their commitment to reducing their impact on the environment, and introducing different ways of working which will reduce their carbon footprint.

Ann Akin, a company spokesman, said: "We are delighted to have received the bronze award, and look forward to the challenge of raising our level over the next 24 months as part of our sustained commitment to reducing our impact on the environment.

"Something little such as turning unused screens off, recycling paper and stopping unnecessarily printing can lower the impact on the environment."

The company has adopted working

practises such as moving its systems to eco-friendly equipment and lighting, and encouraging the use of car sharing, walking, cycling and public transport wherever possible, in an effort to minimise its impact on the environment and offset any necessary carbon cost.

They have also engrained this commitment in staff training, ensuring that all electrical equipment is turned off when not in use and reporting back each quarter on energy usage.

The Carbon Charter is awarded to companies that are monitoring and reducing their carbon emissions.

The bronze level recognises companies taking their environmental responsibility seriously with credible carbon monitoring and reduction plans in place.

For more information, visit www. greensuffolk. org/charter.

## Lottery cash for kitchen at community centre

A GLEAMING new kitchen will be provided at a community centre thanks to a National Lottery grant.

Committee members of Kedington Community Association are celebrating being awarded a grant of £9,500 to replace the dated kitchen at Kedington Community Centre in Arms Lane.

It is hoped that the re-fit will be completed by late summer.

Peter Deeks, a committee member who worked on the funding bid, said: "It will benefit the whole community and also make the hall much more attractive to hirers who want to hold functions.



We'll drink to that: committee members Sue Brown, Peter Deeks and Paul Davis

"It will pay for a completely new kitchen with a big, commercial-type gas cooker.

"The kitchen is pretty dated and this is the first time we have had a complete refit."





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#### Family Announcem 01440 703891

**Birthdays** 

**Funeral Directors** 

In Memoriam



#### KELLY WISBEY

#### Happy 16th **Birthday**

14-03-2012

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#### **KURT** HATFIELD

#### Happy 21st Birthday

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#### **HAPPY 21st** BIRTHDAY

With all our love Mum, Jay and Nan

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#### **Births**

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#### Natalie and **Martin Smithson**

Congratulations on the safe arrival STANLEY GEORGE (Little Bean)

Thank you for making me an Auntie!

Lots of love, Auntie Victoria and Uncle Matthew XX

#### **Anniversaries**



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#### **Thanks**



The family of the late **Howard** LAYMAN wish to thank all

those who sent messages of support and sympathy following their recent sad funeral service and ent such generous donations in his memory to St. Nicholas



Craft fun: mayor Maureen Byrne at the Stepping Stones playgroup

#### Mayor brushes up her skills

A MAYOR took time out of her busy schedule to join voungsters in a craft Children from the

**Stepping Stones** 

playgroup in the town spent their Saturday morning painting tiles to be taken home as Mother's Day gifts. Mayor Maureen

Byrne went along and decorated a tile with the children, Tiles. paints and equipment were provided by Glazed and Amused a Cambridge

children's ceramic painting parties.

■ Mayor's view –

## Safety belt crackdown

BELT up and save lives! That's the message traffic police officers, who will be giving out during a week-long enforcement campaign.

Officers will be checking that motorists and their passengers are wearing their seatbelts during the campaign, which started on Monday.

After a year which has seen four fatalities in Suffolk when the driver or passenger was not wearing a seatbelt, the initiative is supporting the Europe-wide TISPOL (Traffic Information System Police) seatbelt enforcement campaign and will run until Sunday.

The aim is to raise awareness of how many collision-related injuries and fatalities can be prevented by the wearing of seatbelts, which is now

compulsory in most European countries. Officers will be conducting checks on motorists and their passengers throughout the county and those who are found not wearing seatbelts will be

Email: editorial@haverhillweeklynews.co.uk

issued fixed penalty notices of £30.

It is illegal not to wear a seatbelt when travelling in a car or goods vehicle and it is the responsibility of the driver to ensure all passengers under the age of 14 are wearing a seatbelt or child restraint.

Seatbelts should be worn in any vehicle they are provided in, including buses and goods vehicles. Inspector Bruce Gent said: "We would

remind people that even on the shortest trips and at low speeds, the importance of seatbelts cannot be underestimated.

"Failing to wear a seatbelt remains one of the main factors of fatal and serious injury collisions. "Putting on your seatbelt should be part of your routine before even starting your car and it is absolutely necessary for

those travelling in the front and rear

seats to belt up and save lives.'

#### Players line up salmon sandwiches

SMOKED salmon sandwiches, gin and suitcases take centre stage in Ketton Players' latest production, a gentle comedy by Derek Benfield, Over My Dead

Body.
Following his wife's recent death, Gerald hopes to spend the rest of his days along with his memories.

However, before she died, his wife made plans with family and friends including the daily helper - to look after

As they all converge on Gerald's home with their well-intentioned plans, he has to hastily find a way out of the chaos which ensues.

Performances are on

Friday, March 30 and Saturday, March 31 at Kedington Community

Centre.

Doors open at 7pm, for curtain up at 7.30pm, and tickets are priced £6.50 (concessions £5.50) and are available on the door, or from Kedington Butchers and Kedington Stores or by ringing Sue on (01440) 704320.

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#### Wonderful gift ideas & treats for Mothers Day Sunday 18th March



## Great ways to say 'thanks mum!'

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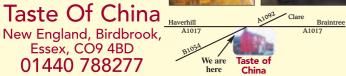
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Treat your Mum this

year again, when you celebrate the most important

woman in your life - vour mum.

Whether you're cooking her a roast, handing over a bunch of flowers or getting creative with a homemade card, it's the perfect opportunity to show her you care.

Mothering Sunday is always the fourth Sunday of Lent, but the specific date changes from year to year, depending on the date of Easter.

This year, thanks to the Haverhill Weekly News and Figleaves.com, you can win one of two great prizes for your mum: a gorgeous Coco Bow Chemise in dusky pink, sizes available range from a size 8 to a size 22, or a How to Look Good Naked gift set.

To win, just write in to 'Mother's Day Competition', Haverhill Weekly News, 4 Queen Street, Haverhill, Suffolk, CB9 9EF and we will pick the lucky winners.

The tradition of Mother's Day was believed to have started in Greek times, with a festival for Cybele. The Romans also held a

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#### **FEATURE**

celebration of Juno, the goddess of womanhood, particularly in areas concerning marriage.

In Victorian Britain, it was tradition churchgoers were supposed to return to their home, or mother, church, As many of the population had moved to work in the cities, it became a day when workers from the towns would be allowed home to the villages to see their mothers.

Make your mum feel special this Mother's Day with these great gift ideas:

- Flowers are a long standing tradition for this spring-time cele-bration. Give her a seasonal bouquet, or some potted bulbs to brighten her window
- Take high tea, and push the boat out with strawberries and cream, scones or even cham-pagne. Dine out or at home, the main thing is that she won't have to lift a finger.
- Spa breaks are a welcome oasis of calm for a busy mum. If you can't afford the whole package, why not buy a few gift vouchers, or even offer to give her a



Must be won: How To Look Good Naked gift set, top, and Coco Bow Chemise.

manicure yourself.

- Going out for lunch is a popular option, so be sure to book in advance. Whether it's a country pub or fancy restaurant, pick somewhere she'll feel appreciated and
- Homemade presents are pretty hard to beat, so try your hand at a pretty card, photo album, scrap book, artwork... the list is endless. Check some craft websites for ideas.
- If you're more into cooking than crafts, why not bake a cake or make an entire meal in honour of your mum.

Not having money is no excuse not to treat vour mum. Instead help



out with any tasks she finds tedious - take the bins out, help file her paperwork, or give her a lift next time she needs

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#### For vour next move







Getting messy: dads and children enjoy the play session at Thurlow, Bradley and District Pre-School

#### Dads come out to play at pre-school event

NINE dads enjoyed some messy painting and joined in games with their children at a special play session.

The men enjoyed playing with their children at Thurlow, Bradley and District Pre-School in a Just For Dads play session.

The session was enjoyed by all, with the opportunity for the children to get messy painting

with their dads, read stories together, discuss the pet giant snails and fish and play games Children dressed up and cooked 'lunches' in the home corner.

The dads all joined their children at snack time, when children were offered squash and biscuits, while dads munched on a bacon roll and a mug of tea.

This session was a great

success and will be repeated on the second Saturday of every month, from 10am to noon. If any dads are interested and would like to join in the fun, contact the pre-school on (01440) 783668.

Spaces are limited, so call beforehand. One child must be between 2 and 5 years old, but siblings are welcome.

The cost is £6 for a dad or

#### during arrests TWO police officers were

Officers hurt

assaulted while arresting drunken men in separate incidents at the weekend Neither of the officers was seriously injured and each of the men will appear in court later this month to face an assault charge.

In the first incident last Friday, PC Tom Darville was assaulted while arresting an drunken man at Chaplains Close, Haverhill, close to the Railway Walk. A 24-year-old Polish man will appeared at Bury St Edmunds Magistrates' Court in relation to that incident on March 27. In the second case. Sqt Stuart Manels was allegedly assaulted while arresting a man in Camps Road for a public order offence. An 18-year-old man will appear at the same court on an assault charge on the

#### Microwave fire sparks alert

A MICROWAVE caught fire at sheltered accommodation in Haverhill on Saturday. Firefighters responded to an automatic fire alarm in Westbourne Court and arrived at the scene at 2.16pm.

male carer and two children, with

any additional children an extra

The pre-school also has some

spaces available in September

for more information call (01440) 783668.

The next Dads Day will be on

Saturday, April 21, from 10am-

£1 each. Snacks for all are

included in the price

The crew found the fire had already been extinguished and they made the scene safe. They had returned to Haverhill fire station by

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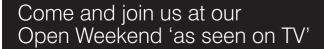












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To find out more, come to Birch's special champagne

To find out more, come to Birch's special champagne Open Weekend at both parks (as featured on TV) on Saturday 24th & Sunday 25th of March, from 10.00am to 4.00pm at Bluebell Woods, Ely Road, Waterbeach, Cambridge CB25 9NW & Hyde Park, Padnal Road, Littleport, Ely CB6 1FE.



Feeling positive about the future: Celine Pinter,

Picture: Keith Heppell 810514

## Woman who headaches a

T was a perfectly ordinary working day. Celine Pinter was sitting at her desk as usual, typing away at the computer. And then, out of the blue, a searing pain pierced her head - a pain so terrible, it froze her to the spot.

"There was no warning: it was instant, as if someone had thrown boiling water over me," remem bers the 45-year-old. "It felt like a big dagger had been driven through the top of my head, through my eye, my nose, my mouth and into my neck.

"I didn't know what was happening: was I having a stroke? Or a brain haemorrhage?

"The pain is hard to describe. It's sharp, stabbing ... It's a 10/10 pain. Since then I've actually smashed teeth while having an attack. It's immobilising.'

Although she didn't know it at the time, Celine was suffering the symptoms of an incredibly rare brain condition. Known as SUNA (technically Strictly Unilateral Neuralgiform headBY ALICE RYAN

Email: weeklies@cambridge-news.co.uk

aches with Autonomic symptoms), it has seen her suffer up to 600 paralysing headaches a day, each lasting a minute and occurring at minute intervals.

Celine tried everything to control the pain: umpteen anti-epilepsy meds; research drugs yet to be licensed; intravenous anaesthetic, normally reserved for end-of-life cancer care. But nothing seemed to work.

"My life had hit the buffers," says the mum-oftwo, from Girton. "It got to the stage where I couldn't really do anything. I couldn't work. I couldn't drive. I couldn't shop or cook: I was on so much medication I wasn't even safe to use sharp knives.

"Saying it like that, it sounds quite miserable, doesn't it?"

But now – thanks to a combination of groundbreaking brain surgery and sheer strength of character – Celine has got her life back.

In June of last year, she underwent a four-hour operation to embed 16 electrodes along a nerve

pathway in her brain, which, in turn, connect to an electronic stimulator (similar to a pace-maker) powered by a battery pack inserted into her chest.

Thanks to a hand-held wireless controller, Celine can control the electric pulses to the electrodes in her head; the pulses interrupt the pain signals emitted by the nerve and, as a result, both the frequency and intensity of Celine's headaches are dramatically reduced.

"Compared to this time last year, life now is unbelievable, vastly different," she smiles.

"It's still in no way a normal life: I can still have up to 150 headaches a day. But it is so, so much better. I can work again. And I can be a mum again.

"I still have episodes which mean I have to be hospitalised - but they last for eight hours, rather than eight days."

Celine's battle with headaches began when she was just 15, with the onset of migraines. "I had all the usual symptoms: pain, visual disturbance . But I was able to treat it with over-the-counter medication.

Then, in her late 30s, the headaches went up a gear

- becoming what's known as hemiplegic migraines, which cause one side of the body (in this case, Celine's left side) to paralyse or become weak and floppy.

Five years ago, aged 40, the first SUNA episode occurred. "My doctor sent me straight to Addenbrooke's and they tested for everything from Multiple Sclerosis to brain tumours. Eventually they got it down to a family of conditions, but they still couldn't pinpoint which one I had.

"I was in so much pain, I didn't really know what was going on. When you watch *Casualty* you see someone being wheeled in with a broken leg and the doctor shouts 'Get me 5mg of morphine'. I was on 5-10mg of morphine three or four times a day, and it didn't even touch the pain.

Celine was prescribed anti-epilepsy drugs, often used to treat patients suffering from neuralgiform headaches. "Bizarrely they advise you not to take too many painkillers, because then you can get a headache from painkiller over-use."

But the medication was pretty ineffectual, Things

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STARTS MONDAY



## had 600 day

came to a head when Celine was offered a drug known to have some frightening possible side-effects: "I was told I might lose my extremities – my fingers and toes. I've got two children; I just thought 'I can't do this'. But, equally, I couldn't live with the pain: that wasn't an option either."

Referred to the National Hospital for Neurology and Neurosurgery in London, Celine admits she was in a desperate state. "It was amazing to be in a place where people were saying 'Ah, yes, we've seen this kind of thing before'. But they didn't know exactly what my condition was, so they took me off all medication – back to the raw state, one headache every other minute – and began a drug trial."

By process of elimination – trying a whole series of medications, each known to impact on a different form of neuralgiform headache – the experts diagnosed Celine with SUNA. Along with the pain, which occurs on the left side of her head, face and neck, she displays physical (autonomic) symptoms: her left eyelid droops, her eye begins to weep and her face flushes.

"After the diagnosis, the consultant told me I'd got a 10 per cent chance of becoming pain free. He walked out round the curtain and my pastor walked in: of all days, he'd chosen that day to visit.

"I can remember saying Tve only got a 10 per cent chance of living pain free. We'd better go downstairs and start praying: we've got lots of work to do'...

"In that moment I realised I had to find a way to get round this."

Celine, who is a member of Girton's Baptist Church, says her faith has been a constant source of strength. "I know it sounds a bit cheesy, but it really has sustained me through some very dark times.

"And I wouldn't have coped without my family, my friends, amazing medical staff and a support group called Ouch: I call them Team Pinter."

Another series of antiepilepsy drugs followed and, while all proved reasonably effective shortterm, Celine soon became immune to each one in "There was a list of medications I could take. I knew each one would only work for so long, but I thought it would take 10 years to work through the list. In fact it took about a year and a half."

Celine, now centre manager for a training and employment provider in Cambridge, managed to continue working with her previous employer until the January of last year, when her health hit an all-time low.

"From January to June it was the worst it's ever been. I was spending two weeks at a time in hospital on lidocaine treatment – an intravenous anaesthetic treatment, normally reserved for cancer patients in the end stages of life.

"It makes you kind of numb: you don't feel any pain at all."

Celine says her deterioration had an enormous impact on the whole family, most of all Ranko, her husband, and their two children, Anna, now 14, and David, 8. "My daughter is the organiser. She was the one who knew instantly when I needed an ambulance. We constantly had a bag packed for the hospital, because I might need to go there any time."

Having reached the end of the road with medications, Celine's only remaining option was a radical surgical procedure. "We had to apply to the 'exceptional conditions panel' at the Primary Care Trust to get permission and initially they said no; they recommended further testing on the treatment. But we pleaded with them: I'd got to the bottom of all my resources."

Just three weeks after the PCT approved the op, Celine went under the knife in London. The 16 electrodes were implanted along the occipital nerve, which runs along the base of the brain, and the stimulator with its battery pack was inserted into her chest, just below the collarbone.

Although the surgery was major, Celine was home within two days. And she says the electrodes eased her pain immediately, from the moment she woke up from anaesthetic.

"It has been life-changing. I can't thank the doctors enough – especially my specialist, Manjit Matharu, and Mr Watkins who did

the surgery."

By September, Celine was back at work. "I find people jobs, particularly the long-term unemployed. To be able to carry on doing what you're skilled at – and to help people at the same time – enriches your life.

"I owe a lot to my employers, who are very supportive. I do still have attacks; I have good days and bad days. They are understanding about that."

Celine still requires lidocaine treatment at intervals. It gives her a short spell completely pain-free: "I get a little holiday from the pain, if you like."

A few weeks ago, when returning from a lidocaine session, she left a bag full of vital kit in the back of a taxi. It included the equipment she relies on to recharge the battery pack in her chest – it will go flat in a matter of days without a charging boost – and the hand-held controller.

"I wasn't in the best state when I came out of the hospital," explains Celine. "And when I realised the bag was missing I felt desperate." Despite ringing round cab firms and placing an appeal in our sister paper, the Cambridge News, the kit never turned

up.

If the battery had gone flat, the only option would have been surgery to replace it. But, thankfully, the medical team in London managed to get a new charger kit flown over from Holland.

"I can't tell you how brilliant they are. You even have a special headache nurse, who's on call 24 hours a day if you need her.

"I'm in a good spell now," adds Celine. "When you've got a condition like this you learn to live minute to minute, hour to hour; I always feel I'm living on borrowed time, until the next bad patch comes along.

"But I'm back doing the job I love. And I'm able to spend time with my children: to do the simple things that I couldn't before, like going to school assemblies. I really value all that.

"For the first time in four years, I can honestly say I feel positive about the future."

For more information about Ouch, the national cluster headache support group, go to www.ouchuk.org

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## The grass isn't any greener elsewhere

A production error meant the Mayor's View was cut short in last week's Weekly News. Here is the full text. Apologies for any

READ with interest a recent letter from someone who was thinking of moving away from Haverhill because of the lack of good shops in the town.

I must say that I think this is short-sighted and negative thinking. My view is that Haverhill has much to offer that people won't find in other towns. The High Street may well be finding it tough going at the moment, but I think if people take the time to look at what's happening in other towns – even the bigger ones – they'll see that many have far more empty shops and are losing big names to a much greater extent.

What a relief, for instance, to find that Peacocks has decided to keep its Haverhill shop open while those in Bury St Edmunds and Newmarket have been closed.

And it's not just the High Street that's giving Haverhill an edge over other towns right now. I can't think of another town that has such strong support from its voluntary and community groups. Right across the community, we benefit from the efforts of volunteers. There are far too many to mention here, but I'll pick out a few that I've been involved with.

Take, for instance, the Haverhill

Gateway Club, which provides vital support to people with learning disabilities and their carers. They've been going for nearly 40 years, and I saw at first hand just how important they are when I went to join them celebrating the last 20 of those at the Burton Centre.

Then there's REACH, a marvellous example of how the voluntary sector supports people who find themselves struggling financially. They came along to a recent town council meeting to remind us of their valuable work



from debt counselling and help finding work, to providing food and furniture to those in need. They are one of the town's real strengths in times of need and the town council is proud to support them.

At the same meeting, we heard from other community groups - the town pastors, who walk the streets on Friday nights to comfort people and diffuse volatile situations; the flower club, who give their time to make Haverhill a brighter place to be; and the Parkour Group, who support freerunning in the town. All great examples of how Haverhill supports its own and keeps such a strong community spirit.

I am convinced that if groups like these disappeared, our communities would collapse very

I would encourage everyone to remind themselves of the vital role they play and to show their support and get involved. Organisations such as the Haverhill Volunteer Centre and the Haverhill Association of Voluntary Organisations will help if you are interested in volunteering, or if your group needs advice and guidance.

If you need more persuasion that Haverhill is a great place to live, just look round at the great community facilities on offer - such as the leisure centre, sports and other clubs and societies and excellent

And let's not forget the town's arts centre – as well as a host of entertainment events, it will be involved in lots of community activities in the coming year, including celebrations for the Queen's Diamond Jubilee, the Olympic Torch Relay, as well as established events like the U Festival, the Big Day Out, Hallowe'en Trails and Christmas

celebrations.

And last, but not least, it's worth noting that your town council is doing its best to ease the burden in these difficult times, having just agreed not to increase our part of agreed not to increase our part of the council tax for the next year. We are also still fighting in the town's interests for Place Court, the Crown Health Centre and our community centres.

Like every town, there are certainly things that could be better, but don't be fooled into thinking other towns have more to offer. I have met quite a number of people who have moved away and returned to Haverhill because of its strong community spirit and the benefits of living in a caring community.

As the saying goes, "the grass is always greener on the other side... until you look closely and find it's just green paint...'

Finally, a quick mention on behalf of the Parkway Community Association, holding their AGM at Burton End School on April 16. They'd love residents to come along.

# **BOOK YOUR BIKE**



01440 710235

#### Can you give an old cat a chance?

ELDERLY cats in the care of the Haverhill branch of Cats Protection are in desperate need of indoor

All the cats have been checked by a vet and are fully vaccinated and treated for fleas and worms.

A spokesman for the group said: "Older cats are so often overlooked, but they make

such wonderful companions for older people, especially those living on their own.
"The branch

volunteers would always be available to help with advice and transport to the

vet etc." Anyone would like a list with photos of the cats should call 0845 371 9599.

**News and sport at** haverhillweekly news.co.uk



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# HEGUIDE

#### THIS WEEK

Latest films 19 Puzzles 20 Gardening 21 Weekend TV 22

CALLING all budding boffins! Cambridge University's fabulous

Science Festival is under way, with a whole host of talks. exhibitions and handson activities

AMBRIDGE

to get little Einsteins on the road to discovery.

There are dozens of kid-friendly events on offer at this annual event, nearly all of them are free and only need to be pre-booked where stated. Here's our pick of the crop.

#### >> Crisp Packet Fireworks

The Naked Scientists (who, we hope, will at least be wearing lab coats) take us on a whistle-stop tour of the world of waves, gases and chemistry as they detonate bombs, turn air into a liquid, reveal the secrets of sun cream, use chemicals to produce bright lights, launch hydrogenpowered rockets and even electrocute . vegetables

Saturday, March 17, Babbage Lecture Theatre, 2.30pm, all ages, free, prebooking essential.

>> Science Junkie: extreme sports battle

A must for anyone too cool for skool Science Junkies Greg Foot and Huw James will be pitting one of the best trials riders (those blokes who do bike tricks) against one of the UK's top free-runners (those blokes who jump across buildings) by erecting a 12ft high urban playground for them to flip, spin and trick over. Just how does a bike seemingly defy gravity? And how do free-runners jump so far with such accuracy? Get top tips to nail the basics (you may want to cover your children's ears at this point) and uncover the science behind these awesome stunts.

Saturday, March 17, Parker's Piece, 12.30pm, 2pm and 3.30pm, all ages, free.

Space plasma physicist and Kiss FM DJ Martin Archer takes us on a journey into sound with his virtual DJ booth, exploring waves, frequency and other principles. While spinning the latest tunes, he'll explain the science behind the cueing, beat-matching, blending and EQing (sorry, no idea) that goes

into his club mixes and, as if that wasn't enough, he'll be making a speaker out of a styrofoam bowl and turning sound into fire. Wowsers!

THE APPLIANCE OF SCIENCE
The festival features exciting explosions, fascinating

discoveries and all-round

Saturday, March 17, Arts School Room A, noon, ages 14+, free, pre-booking essential.

Biology Zone at the Arts School Want to know more about how your body works? Then head for the Biology Zone, which features hands-on activities on topics ranging from how your blood vessels work and what makes your heart tick to some fabulous facts about fat. You can even have a go at dissecting owl pellets, help make a giant origami DNA strand, take part in a pipetting challenge or even conduct heart-rate experiments on water fleas.

Saturday, March 17, Arts School, 10am-

4pm, all ages, free.

Enthusiastic students from the CHaOS Science Roadshow will be helping everyone

to get to grips with exciting, fascinating and just plain weird experiments that go 'crash', 'bang', and, indeed, 'squelch'. There'll be talks too (for ages 8+) ranging from Gases: just a load of hot air? to What happens if you cut off a blood supply? Yikes! Visit www.chaosscience.

org.uk to learn more about all this loud. messy fun.

Saturday, March 17, Department of Zoology, 9.45am-5pm, all ages, free. >> Time Truck

Travel in time with the Time Truck to investigate rocks and minerals, discover dinosaurs and explore earthquake science with hands-on activities and demonstrations all day.

Saturday, March 17, Sedgwick Museum of Earth Sciences, 10.30am to 3.30pm, all ages, free,

How can you tell if a skeleton is a man or a

woman? What did Neanderthals have for dinner? There's a lot you can learn from archaeology, so pop along to discover the secrets revealed by pots, plants, soil, bones and even fossilised poo!

Saturday, March 17, McDonald Institute for Archaeological Research, 10.30am-4pm, all ages, free.

#### > Physiology: Shocking, Exciting,

This breathtaking series of live experiments uses hammers, electric shocks, vibrations and spinning chairs to examine some of the fundamental properties of the brain and body. Prepare to be amazed .

Saturday, March 17, Physiological Laboratory, 2-3pm, ages 10+, free.

#### >> Anglia Ruskin University at the Guildhall

Once again, ARU are taking over the Guildhall to host plenty of hands-on activities for small scientists. You can handle colossal creepy crawlies (like the giant African land snail and the Madagascan hissing cockroach), learn all about crime scene science (and get your hands dirty trying forensic techniques), and play with the latest computerised equipment to take a journey deep inside the ear and the eye, to name but three

Saturday, March 17, The Guildhall, 10am-4pm, all ages, free.

#### lakes the World Go

What makes yo-yos go up and down, spinning tops whizz around, and water vortex in a plug hole? And, more to the point, what do these have to do with MRI scans, black holes and satellites? Find out for yourself, courtesy of STEM Team East and lots of hands-on activities

Saturday, March 17, 9.30am- 3.45pm, St Columba's Church Hall, ages 5+, free, prebooking essential.

Leisure or events news? email jo.deeks@cambridge-news.co.uk phone (01440) 703891





#### Footloose and fancy free...

THE Cambridge University Amateur Dramatics Society is dusting off its dancing shoes for *Footloose*, the dynamic tale of Ren, a Chicago teenager who moves to a small town where dancing and rock music is

With his rebellious spirit and love for dance Ren challenges the status quo, attracting the attention of the minister's troubled but beautiful daughter Ariel.

The production, running until March 24 at the ADC Theatre, features the university's finest musical theatre talent and includes belters from Holding Out For A Hero to Let's Hear It For The Boy.

Showings are at 7.45 and tickets start at £10 (£8 concessions). Contact (01223) 300085 / www.adctheatre.com

#### Thriller explores complex issues

THE Mumford Theatre in Cambridge is staging Equus

Convicted of an appalling crime, 17-year-old Alan Strang is sent to a secure psychiatric hospital. Martin Dysart, the child psychiatrist assigned to him, begins to probe Alan's past in an attempt to understand his motives. Inspired by a true story, Peter Shaffer's unique psychological thriller explores the complex relationships between worship, myth and sexuality. Tickets are £11.50 (£8.50) concessions) from www.anglia.ac.uk/mumford theatre. Contains strong language

## We're Macc and better than ever

The Maccabees, who play Cambridge Corn Exchange on Monday, March 19, look to be stepping up a league with their third album. Frontman Orlando Weeks tells The Gulde how Given To The Wild turned out to be the record they'd been longing to

T'S a bit early to start crowing about the best album of 2012.

But barely a week into the year, The Maccabees unveiled an album that will almost certainly dominate end-of-year polls in 11 months' time.

It's almost five years since the London five-piece released their debut album  $Colour\ It\ In-a$  spiky, angular set of songs, heavily influenced by the likes of XTC, Magazine and early Blur.

It was charming in its naivety and perfectly enjoyable, but while many bands sound at their most exciting on their debut, The Maccabees seemed as if they were being held back.

The follow-up Wall Of Arms arrived two years later and delivered on so much of that early promise. It was produced by Markus Dravs, who had previously worked with Bjork, Coldplay and Arcade Fire, and was a real step 'up.
"With the new one, it definitely feels

like we've achieved some of the things Wall Of Arms was pointing at. It's to do with being more articulate," says frontman Orlando Weeks.

"And we're so much more confident now, we can get closer to the thing that we

"When we started, we'd say things like 'We want it to sound watery, but with a bit



more punch to it', to a producer. Now, instead of saying that, we can ask for certain reverbs or delays, or accurately describe a mood. We've got our heads around production, basically, and have the confidence to finally sound how we want

Given To The Wild was partly recorded in the band's own studio, and partly at Rockfield, in Monmouth, the legendary venue where the likes of Oasis, Manic Street Preachers. The Stone Roses and Paul Weller made some of the 90s' best albums, and also where Oueen recorded Bohemian Rhapsody.

"It's not nearly as intimidating as I thought it would be," says Weeks. "But it's a very special place, incredible.

"The reverb chambers are amazing, some of the gear there was essential to this record. We didn't want to go to a new sterile studio, and Rockfield isn't like that at all. It's a residential place, so naturally very homely and welcoming.

The new album took its time, with some recordings dating back two years. And Weeks admits that for a long time it was a work in progress.

"We all knew how we wanted the album to sound, but it meant after that realisation that the real job of making the record was piecing all these things together, and stealing bits from the demos that we couldn't better.

"The trick is obviously not making it sound patchwork, even though it is.

It's a trick they seem to have mastered one of Given To The Wild's biggest strengths is its cohesion as an album.

Ahead of the tour, Weeks said: "Some of the songs on Given To The Wild we haven't worked out how to play yet. We didn't want to concern ourselves with that when we were recording them."

They're sure to have ironed out those issues come Monday night.

See www.cornex.co.uk or phone (01223)

#### news from



TWENTY one hit records in every territory including America is endorsement enough of the superb talent of The Tremeloes, Come. along tonight at 8pm to hear such classics as Silence Is Golden, Suddenly You Love Me and Even The Bad Times Are Good which is just a taster of what's to come from this great band.

Casualty's Rebecca Wheatley stars in a new one-woman show, Big Pants and Botox, by Louise Roche tomorrow, which takes us on a hilarious, emotional, ultimately uplifting journey. If you have to go to the toilet before joining the kids on the trampoline, and it's a few years since you've had an uninterrupted view of your feet then you'll be amused, delighted and even comforted by this new play. For ages 12 and over. Join pupils from Samuel Ward Academy on Wednesday, March 21

at 7.30pm when they showcase their talent in Stars in their Eyes. Townsend Productions in association with Hertford Theatre bring Robert Tressell's classic book The Ragged Trousered Philanthropists brilliantly to life on Thursday, March 22 at 7.30pm. With entertaining songs and music from the Music Hall and uplifting hymns from the Temperance Hall sung in lovely harmony, this play reflects on life in the workplace and the fragility of employment in difficult times

For tickets and show details, contact the box office on 01440 714140 or go to www.haverhill artscentre.co.uk

2.15, 5.10, 8; Mon-wed 2.15, 5.10, 8;

Thu 2.15, 5.10 (subtitles Thu) The Muppets (U) - includes short

PIXAR animated film TOY STORY TOONS: SMALL FRY: Sat-Sun

2.10, 4.30, 6.45

10.45am, 11.20am, 1.20, 1.55 The Woman In Black (12A): Fri 2.10, 4.30, 6.45, 9; Sat-Sun 4.30, 6.45, 9; Mon-Wed 2.10, 4.30, 6.45, 9; thu

polish Kac Wawa - Wawa Hangover [3D] (15): Fri 1.50, 4.10, 6.30, 8.50; Sat-Sun 11.30am, 1.50, 4.10, 6.30, 8.50; Mon-Thu 1.50, 4.10, 6.30, 8.50

woulf-lift 1.30, 4.10, 6.30, 6.30 movies for juniors
The Adventures Of Tintin : The Secret
Of The Unicorn (PG): Sat 10am
Kung Fu Panda 2 (PG): Sat 10.10am
Happy Feet Two (U): Sat 10.05am

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#### Cinema listings

All times are PM unless otherwise stated. Times from Friday, Mar 16 – Thur, Mar 22.

adult themes and nudity.

#### HAVERHILL CINEWORLD

0871 200 2000 The Hunger Games (12A TBC): Thu

The Devil Inside (15): fri 2.50, 4.50, 6.50, 8.50; Sat 12.50, 2.50, 4.50, 6.50, 8.50; Sun 10.50am, 12.50, 2.50. 4.50, 6.50, 8.50; Mon-Thu 2.50, 4.50, 6.50, 8.50

Contraband (15): Fri 3.40, 6.10, 8.40; Sat 1.10, 3.40, 6.10, 8.40; Sun 10.40am, 1.10, 3.40, 6.10, 8.40; Mon-Thu 3.40, 6.10, 8.40 21 Jump Street (15): Fri 3.30, 6, 8.30;

Sat-Sun 10.30am, 1, 3.30, 6, 8.30; Mon-Thu 3.30, 6, 8.30

John Carter [3D] (12A): Fri 7.45; Sat-Sun 10.45am, 1.40, 7.45; Mon-Thu

John Carter (12A): Fri-Thu 4.30 The Best Exotic Marigold Hotel (12A): Fri-Wed 3, 5.35, 8.10; Thu 3, 5.35 The Muppets (U) - includes short PIXAR animated film TOY STORY TOONS: SMALL FRY: Sat-Sun 10.20am, 12.40 (subtitles Sun) movies for juniors
The Adventures Of Tintin: The Secret Of The Unicorn (PG): Sat 10.10am

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Big Miracle (PG): Sat-Sun 10am
Puss In Boots 3D (U): Sat-Sun 21 Jump Street (15): Fri-Thu 11.20am, 1.50, 4.30, 7.10, 9.40 Contraband (15): Fri 10.55am, 1.15

3.40, 6.10, 8.40, 11.10; Sat 10.40am, 1.10, 3.40, 6.10, 8.40, 11.10; Sun 10.40am, 1.10, 3.40, 6.10, 8.40; Mon-Thu 10.55am, 1.15, 3.40, 6.10, 8.40 The Devil Inside (15): Fri 11.10am, 1.10, 3.10, 5.05, 7, 9.10; Sat-Sun 12.30, 2.40, 4.45, 7, 9.10; Mon-Wed 11.10am, 1.10, 3.10, 5.05, 7, 9.10; Thu 11.10am, 1.10, 3.10, 5.05, 7

We Bought A 7oo (PG): Fri-Thu 11.45am, 2.30 (subtitles Sun), 5.20, 8.10 (subtitles Tues) The Hunger Games (12a): Thu 7.45, 8 15

John Carter 3D (12a): Fri 11.40am 2.30, 5.30, 8.30, 11.30; Sat-Sun 12.30, 3.30, 6.30, 9.30; Mon-Thu 11.40am, 2.30, 5.30, 8.30 This Means War (12a): Fri-Sat 6.40, 9, 11.30; Sun-Thu 6.40, 9 The Best Exotic Marigold Hotel (12a): Fri-Thu 11.30am, 2.20, 5.10, 8 The Woman In Black (12a): Fri 11.25am, 1.40, 4.05, 6.20, 8.50; Sat-Sun 9.20am, 11.25am, 1.40, 4.05, 6.20, 8.50; mon-Wed 11.25am, 1.40, 4.05, 6.20, 8.50; thu 11.25am, 1.40, 4.05, 6.20

The Muppets (U): Fri 10.50am, 1.20, 4; Sat-Sun 10.40am, 1.20, 4; Mon-Thu 10.50am, 1.20, 4 The Raven (15): Fri-Sat 11.15

The Descendants (15): Fri-Sat 10.50 Safe House (15): Fri-Sat 10.55 Alvin And The Chipmunks -Chipwrecked (U): Sat-Sun 9.40am We Bought A Zoo (PG): Sun 2.30; Tues

CAMBRIDGE CINEWORLD

#### The bia film

#### WE BOUGHT A ZOO certificate PG, 2h 03m

THIS shamelessly sentimental tale of a father's struggle to revitalise an ailing animal sanctuary in the aftermath of his wife's death is based on the true story of British newspaper columnist Benjamin Mee, who took charge of Dartmoor Zoological Park in 2007.

Screenwriters Cameron Crowe and Aline Brosh McKenna transplant the action from picturesque south Devon to the fictitious Rosemoor Wildlife Park in California, where mourning, guilt and father-son bonding play out against the backdrop of an inspection of the zoo facilities that will either shut down the

attraction or guarantee its survival. Benjamin Mee (Matt Damon) is trying to be strong for his teenage son Dylan (Colin Ford) and precocious young daughter Rosie (Maggie Elizabeth Jones) following the death of his wife, Katharine (Stephanie

He moves his family into a ramshackle house that comes with a fully functioning zoo, complete with animals and ballsy headkeeper Kelly Foster (Scarlett Johansson).

Benjamin sinks all of his money into

The Hunger Games (12A TBC): Thu (7.45, 8.30, 9.15 The Devil Inside (15): Fri-Sat 1.05, 3, 5.15, 7.20, 9.30; Sun 10.50am, 1.05, 3, 5.15, 7.20, 9.30; Mon-Wed 1.05, 3, 5.15, 7.20, 9.30; Thu 1.05, 3, 5.15, 7.20, 9.15

Contraband (15): Fri-Sat 1, 3.20, 5.50, 8.20; Sun 10.30am, 1, 3.20, 5.50, 8.20; Mon-wed 1, 3.20, 5.50, 8.20



the zoo, hoping to restore the facility to its former glory in time for an inspection by the notoriously pernickety Walter Ferris (John Michael

Despite attempt by his accountant brother Duncan (Thomas Haden Church) to dissuade him, Benjamin refuses to listen and persuades alcohol-swigging handyman MacCready (Angus Macfadyen), animal handler Robin (Patrick Fugit) and Kelly's teenage cousin Lily (Elle Fanning) to buy into his impossible dream

We Bought A Zoo is Crowe at his most mawkish and cliched. Children stare mournfully into the camera, parents salve wounds with trite

21 Jump Street (15): Fri 1.15, 3.50, 6.35, 9.10; Sat-Sun 10.40am, 1.15

3.50, 6.35, 9.10; Mon-Thu 1.15, 3.50,

We Bought A Zoo (PG): Fri 2.30, 5.20,

8.10: Sat-Sun 11.l50am, 2.30, 5.20,

John Carter [3D] (12A): Fri-Thu 2.40,

8.10; Mon-Thu 2.30, 5.20, 8.10

Thu 1, 5.50, 8.40

6.35, 9.10

platitudes, a father stumbles upon a cash windfall in the nick of time and an ageing tiger prepares to make a final journey to the great jungle in the sky. The film's trump card is Damon,

who delivers a moving and honest performance as the family man haunted by memories of the past.

He shares pleasing screen chemistry with youngsters Ford and Jones while Church provides the

While it might ultimately falter as a compelling drama, We Bought A Zoo may well boost visitor numbers to Dartmoor Zoological Park, which is still on a financial knife-edge. And that would be a genuine Hollywood

John Carter (12A): Fri 5.30; Sat-Sun 11.45am, 5.30; Mon-Thu 5.30 (subtitles Thu) This Means War (12A): Fri 1.30, 6.20; Sat-Sun 6.20 (subtitles Sun); Mon-Wed 1.30, 6.20; Thu 6.20 Safe House (15): Fri-Wed 3.45, 8.35; The Best Exotic Marigold Hotel (12A): Fri-Sat 2.15, 5.10, 8; Sun 11.30am,

The Best Exotic Marigold Hotel (12A): Fri-Sat 2.15, 5.15, 8; Sun 1.15, 4, 6.45; Mon-Tues 2.15, 5.15, 8; Wed 11.30am, 2.15, 5.15, 8; Thu 2.15, Trishna (15): Fri 2, 5.30; Sat 3.15, 8.15; Sun 2; Mon 8.15; Tues 2; Wed 8.15: Thurs 11.30am Bel Ami (15): Fri 8.15; Sat 1. 5.45; Sun 4.30; Mon 2, 5.30; Wed 11.30am, 5.30; Thurs 2

Martha, Marcy, May, Marlene (15): Tues 8.30; Wed 2 Alex Cox's Repo Man (18): Tues 6 AUTISM FRIENDLY SCREENING: The Muppet (U): Sun 11.30am I Confess (PG) Sun 7 North By Northwest (PG) Sat 11.15am The Cat Returns (U): Sat 11am **THEGUIDE** 

**PUZZLES** 

#### Sudoku



#### Supplied by www.sudoku-puzzles.net

#### 9 1 3 8 2 6 4 7 6 4 5 2 8 3 5 6 6 3 2 7 4 8 9 5 7 4 2 9 6 1 3 6 2 5 4 8 1 2 9 7 5 1 4 3 5 3 9 Last week's solution

		5		2		1		
	9		1		3		8	
3			5		7			2
	6	9		8			7	
1								9
	4		9	5			1	
7			2		9	8		1
	3		7		4		2	
		4				7		

7	5	8	2	3	6	9	1	4		
3	9	2	8	1	4	7	6	5		
6	4	1	7	5	9	3	2	8		
9	1	7	5	2	3	4	8	6		
5	8	6	9	4	7	1	3	2		
4	2	3	6	8	1	5	7	9		
8	7	5	3	9	2	6	4	1		
2	6	4	1	7	5	8	9	3		
1	3	9	4	6	8	2	5	7		
	Last week's solution									

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#### Crossword

#### **Cryptic clues**

6

3

7

1 9

2

5

8

9

6

- 1. Ordinary soldier is incorrect - it's a personal injury (7,5)
- 7. Without a hug, procure an edible plant (5)
- 8. Polite when not military
- 9. I shall take this badly (3) 10. Money will revive in the middle (9)
- 11. Good head finds the way into the aristocracy (6) 12. Precious stone held by
- one pair of twins (6) 15. Fumble-fisted without fingers (3,6)
- 17. Tree remains after fire
- 18. Conceal surplus beyond 100 (5)
- 19. Fortunate woman taken round the King's Head (5) 21. Fancy red file is about non-hostile appearance (8,4)

1. Getting through exam imagine! – is a whim (7,5)2. A long time in management (3)

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3. A transgression used in for example relieving

the pressure (6) 4. Instruments for keeping accounts? (9) 5. New fiction (5) 6. Take a big risk in

vehemently emotional drama (4,4,4) 7. He has a pound in

small change (5) 10. Short race for animal suitable for heavy work

13. Country laity in revolution (5) 14. Confused Mabel went to open door at an easy pace (6) 16. Half 18 for swain?

(5)20. Shy from having nothing between crazy extremes (3)

#### **Quick clues**

#### **Across**

- 1. Confinement (12)
- 7. Coffer (5)
- 8. Pulsate (5)
- 9. Strive (3)
- 10. Teetotal (9)
- 11. Iterate (6)
- 12. Comfort (6)
- 15. Dominance (9)
- 17. Mineral (3)
- 18. Avoid (5)
- 19. Acted out (5)
- 21. Bias (3-9)

#### Down

- 1. Poor (12)
- 2. Anger (3) 3. Dull (6)
- 4. Marriage (9)
- 5. Tend (5)
- 6. Noisy (12)
- 7. Crawl (5)
- 10. Consciousness (9)
- 13. Audibly (5)
- 14. Heated (6)
- 16. Ordinary (5)
- 20. Central (3)

Last week's solution – Cryptic clues across: 4 Special; 8 Runway; 9 Permits; 10 Cavity; 11 Struck; 12 Darkroom; 18 Pinafore; 20 Bolero; 21 Abrade; 22 Brassie; 23 Assist; 24 Feinted. Down: 1 Brocade; 2 Knavery; 3 Castor; 5 Pressman; 6 Camera; 7 Antics; 13 Opposite; 14 Horatio; 15 Deserts; 16 Source; 17 Nelson; 19 Ambush. Quick clues across: 4 Adjudge; 8 Notice; 9 Scuttle; 10 Pedlar; 11 Padded; 12 Churlish; 18 Derisive; 20 Hoodoo; 21 Effort; 22 Problem; 23 Endear; 24 Cruelty. **Down:** 1 Inspect; 2 Stadium; 3 Scrawl; 5 Decipher; 6 Untidy; 7 Gullet; 13 Indolent; 14 Disobey; 15 Feature; 16 Horror; 17 Edible; 19 Infant.

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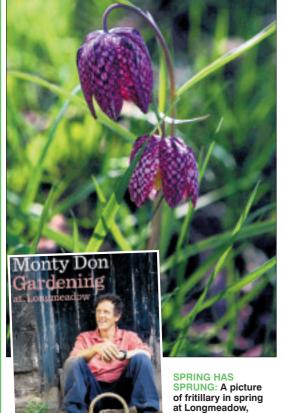
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taken from

Gardening at

by Monty Don.

Longmeadow, left,

## It's the full Monty in Don's garden

PRING is one of Monty Don's favourite times of the vear, when primroses. daffodils, fritillaries and tulips emerge in his beautiful garden at Longmeadow.

It's a sight he won't enjoy alone, as two million viewers who tune into Gardeners' World every week will be invited to share the many glories of his two-acre garden, which is divided into 19 sections and last year became the new base of the hit gardening programme.

For nine months of the year, from February to November, TV crews film in his garden in the Herefordshire Marches eight miles from the Welsh border.

The nurtured space will be revealed in the new series of Gardeners' World, which started last week on BBC Two, and is accompanied by a tie-in book. Gardening At Longmeadow.

Don, the programme's main presenter, admits that opening up his own two-acre private garden to the cameras hasn't come



#### by Hannah Stephenson

without its drawbacks, but the pros far outweigh the cons.

"The good thing is I have no journey, the downside is that I live above the shop. I never turn off from it."

The film crew aren't allowed in the house, the TV equipment is stored in an outhouse when not in use. Don may have allowed the cameras in, but he's in charge of the garden. For the last five years, he and his wife Sarah have had no help at all, until the BBC insisted on it. Don now has two full-time gardeners to assist.

"The slight downside of that means I do less gardening because there's less to do. It's a bit like having a chef in the kitchen asking if I'd like a

poached egg, when I could quite easily poach one myself."

But he remains the master of

his own domain. "Nobody tells me what to do in my own garden. People are genuinely helping me rather than doing it themselves and then telling me about it."

Filming takes place one or two days in the week, depending on what's happening in the garden, although sometimes filming has taken three or even four days a week. And Don has had to compromise in some measure as to how he wants his garden to be, for the sake of the programme

It's a complicated, large, full garden - no big lawns, no empty spaces, even the orchard has 39 apple trees.

'We've had to widen quite a lot of paths which are perfectly good for wheeling a wheelbarrow down. But by the time you get a camera crew with a tripod and a sound recordist with size 12 feet and a director with a monitor. you can have six people behind the camera or more, and then tracks and a jib. The original paths can't accommodate all that.

"We've had to widen a number

we've had grass paths, we've had to put hard paths. As with any public place, the equation has had to change with volume."

At any one time, 90 per cent of the garden needs to look good, which can be difficult to achieve, he reflects. "but I do try to show the camera where things go wrong and show the human side of it, rather than making it a show garden, because it's not a show garden.'

This year, Don will be creating a pond in the Damp Garden and is looking forward to seeing the fruits of last year's labours with great swathes of colour in the Jewel Garden and elsewhere.

"The key thing is the rhythm and cycle of the year of gardening. It's not like a house which you refurbish and decorate and it's done. The garden's never done, it's always changing and adapting."

■ Gardening At Longmeadow, by Monty Don, is published by BBC Books today, priced £25.





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#### THEGUIDE | WEEKEND TV

#### SATURDAY

#### BBC1

- Breakfast Saturday Kitchen Live. Includes 10.00 highlights from Celebrity
- Football Focus. A look ahead to the weekend's matches, including the sixth round of the FA Cup and the Scottish Leag Cup final.
- BBC News; Regional News;
- Live Six Nations Rugby Union Italy v Scotland (Kick-off 12.30pm).
- Live Six Nations Rugby Union. Wales v France (Kick-off
- Live Six Nations Rugby Union. England v Ireland (Kick-off 4.45 5.00pm).
- BBC News; Weather. Let's Dance for Sport Relief.
  The grand final of the charity
  dance contest sees eight celebrity acts competing to wir the crown. Katy Perry and JLS provide the music. Last in the series
- The National Lottery: In It to Win It
- Casualty. A three-part storyline comes to a conclusion this week, with Jade's hopes of leaving dashed by her worsening condition.
- 10 25 RRC News: Weather
- Match of the Day. Highlights of today's Premier League clashes (C) National Lottery Undate
- 11.45 1.00 The Football League Show Weatherview.

#### BBC2

- CBeebies: Harry and Toto. 6.10 Lunar Jim. 6.20 Raa Raa the Noisy Lion. 6.35 Driver Dan's Story Train. 6.45 Pinky Dinky Doo. 7.00 CBBC: Richard Hammond's Blast Lab. 7.30 Dennis and Gnasher. 7.40 The Scooby-Doo Show. 8.05 Pixelface. 8.35 Prank Patrol Down Under, 9.00 Ultimate Sports Day. 9.30 Helen's Polar Challenge for Sport Relief. 10.00 My Life. 10.30 Trapped. 11.00 Hacker Time. 11.25 OOglies. 11.40 MOTD Kickabou
- Escape to the Country. 12.00 Formula 1: Australian Grand 1.00 Prix Qualifying Highlights. Action from Albert Park.
- 2 15 FILM: Cromwell (1970) Final Score. Round-up of 4.30
- notball results 5.30 Flog It!
- Dad's Arm 6.30
- The Story of Light 7.00 8.00 How God Made the English. New, three-part documentary, exploring what it means to be
- Have I Got News for You Arena: The Dreams of Willia
- Golding. Profile of the Lord of the Flies writer FILM: Lord of the Flies (1963). 11.00 Peter Brook's drama, with
- James Aubrev and Tom Chapin 12 30 The Sarah Millican Television 1.00 FILM: Resigned (1998)

- 6.00 9.25 CITV: Mini CITV. Also 7.25
- ITV News. 9.30 The Jeremy Kyle Show USA.
- The Jeremy Kyle Show USA.
- This Morning: Saturday. ITV News and Weather 11.20
- Live FA Cup Football. Everton v Sunderland (Kick-off 12.45pm) FILM: Death on the Nile (1978). Agatha Christie mystery, starring Peter Ustinov, Bette Davis, David Niven and Maggie 3 00
- 5.35 Anglia News and Weather
- ITV News and Weather.
- 6.00 All Star Family Fortunes, With ophie Ellis-Bextor and Angela
- New You've Been Framed! 7.00 Harry Hill's TV Burp 7.30
- Take Me Out.
- 9.15 The Jonathan Ross Show, The The Jonathan Hoss Show. The host chats to TV and stage comedienne Sarah Millican, and former world boxing champion Sugar Ray Leonard recalls life in the ring.
- 10 15 ITV News and Weather FA Cup Highlights. Action from the first two matches in the sixth round, featuring Everton v Sunderland at Goodison Park and Tottenham Hotspur v

Rolton Wanderers

- The Cube. In the first-ever edition, a taxi driver and a flight attendant try to complete tasks within the confines of a transparent cube in a bid to win £250,000. Phillip Schofield
- 12 25 The Zone: ITV News Headlines

#### CHANNEL 4

- The Treacle People.
- 6.10 The Hoobs.
- 6.35 Road to London 2012: Paralympics Extra
- 7.30 The Grid
- The Morning Line. T4: Koko Pop. 9.25 Real Stories: Eminem 10.25 New Girl. 10.55 Charlie's Angels. 8.55
  - 11.50 The Big Bang Theory. 12.25 The Big Bang Theory. 12.55 The Simpsons. 1.25 The Simpsons. Channel 4 Racing. Live
- 1.55 coverage from Uttoxeter and Ffns I as
- Channel 4 Presents 2012: 4.15 Mandin Sehmi – Part Two.
- Come Dine with Me. From Bury Also 4.50, 5.20, 5.55 and 6.25. 4.20
- 6 55 Channel 4 News
- 4thought.tv.
- River Cottage Veg. Hugh Fearnley- Whittingstall spends a summer living on a 7.30 vegetarian diet.
- Big Fat Gypsy Weddings. The importance of honour and reputation in traveller 8.30 communities, featuring women who ran away to live with their boyfriends. Elsewhere, Paddy Doherty throws a New Year's Eve party.
- 9.30 The Celebrity Bank Job. Last in
- FILM: Copycat (1995). Thriller, 10.30 with Sigo irney Weaver and Holly Hunter
- FILM: Sex Drive (2008). 12.55 Promiero

#### **CHANNEL 5**

- Milkshake!: Peppa Pig. 6.05 Roary the Racing Car. 6.15 Fifi and the Flowertots. 6.25 City of Friends. 6.35 Harry and His Bucket Full of Dinosaurs. 6.50 Bucket Full of Dinosaurs. 6.30 Igam Ogam. 7.00 Roobarb and Custard Too. 7.10 Bananas in Pyjamas. 7.20 Family! 7.30 Make Way for Noddy. 7.45 Bert and Ernie's Great Adventures. 7.55 Little Princess. 8.15 The Adventures of Bottle Top Bill and His Rest Friend Corky 8 30 Angelina Ballerina. 8.45 Rupert Bear. 9.00 Ben and Holly's Little Kingdom. 9.15 The Mr Men Show. 9.30 Roary the Racing Car. 9.40 Mist: Sheepdog Tales 10.00 Animal Rescue Squad. 10.15 Emergency Bikers.
- FILM: The Green Berets (1968). 11.20
- 2.05 FILM: Bronco Billy (1980).
- FILM: RV: Runaway Vacation 4.20
- (2006). Family comedy. 6.20 5 News Weekend.
- 6.25 NCIS.
- NCIS. A scientist goes missing. 8.00 NCIS. Abby becomes personally involved in the case of a
- 9.00 CSI: NY. Two men are
- suspected of killing a judge Law & Order: Special Victims
- Unit. Saliva from a tiger is discovered on a murdered model, leading the detectives on the hunt for a former people
- 10.55 CSI: Crime Scene Investigation. Inside Hollywood. Magazine
- 12 00 SunerCasino



Homeland Channel 4, Sunday, 9pm



Channel 5. Sunday, 10pm.

#### SUNDAY

Formula 1: Australian Grand Prix

BBC1, Sunday, 2pm

#### BBC<sub>1</sub>

- Breakfast Match of the Day. Including highlights of Fulham v
- Swansea City. The Andrew Marr Show a nn 10 00 The Big Questions. From Samworth Enterprise Academy
- in Leicester Country Tracks. (C) Weather for the Week Ahead. 11.00
- 12.00 Sunday Politics.
- Bargain Hunt A Question of Sport, Light-1.30
- earted quiz, hosted by Sue 2.00 Formula 1: Australian Grand Prix. The opening race of the season from Albert Park,
- Melbourne David Walliams' Big Swim: A Sport Relief Special. The comedian's eight-day swim 4.00 along the River Thames.
- 5.00
- Songs of Praise. Land Girls. Esther faces up to
- 6.35 BBC News; Regional News:
- Countryfile. Includes Weather for the Week Ahead. 7.00
- 8.00 Antiques Roadshow. Upstairs Downstairs. Hallam and Persie continue their
- dangerous affair. 10.00 BBC News; Regional News;
- FILM: War of the Worlds (2005). Steven Spielbera's scifi thriller, starring Tom Cruise.

#### BBC2

- CBeebies: Harry and Toto. 6.10 Lunar Jim. 6.20 Raa Raa the Noisy Lion, 6.35 Driver Dan's Story Train. 6.45 Pinky Dinky Doo. 7.00 CBBC: Richard Hammond's Blast Lab. 7.30 Dennis and Gnasher. 7.40 The Scooby-Doo Show: (C) The Owl 8.05 Paradise Cafe. 8.30 Wingin' It. 8.50 Deadly 60 Bites. 9.00 Friday Download. 10.00 Something for the Weekend. 11.30 Homes Under the Hammer. 12.30 EastEnders
- FILM: The Taming of the Shrew (1967). Shakespeare comedy, starring Elizabeth Taylor and Richard Burton.
- 4.20 **Escape to the Country**
- 5.20 Floa It! FILM: The Hitchhiker's Guide to
- the Galaxy (2005). Sci-fi comedy, starring Martin Freeman and Bill Nighy. Top Gear. 8 00
- Orbit: Earth's Extraordinary 9.00 Journey. The earth's journey around the sun from the March uinox to the end of Ju
- 10.00 Match of the Day 2. Colin Murray reviews the day's Premier League action, featuring Wolverhampton Wanderers v Manchester United at Molineux and Newcastle United v Norwich City at St James' Park Formula 1: Australian Grand
- Prix Rugby Union: Six Nations Highlights. 1 00

Take Me Out

- 6.00 CITV: Mini CITV 7.25 CITY
- FA Cup Highlights. Action from the first two matches in the sixth round, featuring Everton v Sunderland at Goodison Park
- and Tottenham Hotspur v Bolton Wanderers. 10.30 May the Best House Win.
- Dickinson's Real Deal.
- 12.30 ITV News and Weather. urder, She Wrote.
- FILM: Columbo: Murder in Malibu (1990). Crime drama with Pe
- Live FA Cup Football. Liverpool v Stoke City (Kick-off 4.00pm). Includes the semi-final draw
- Anglia News and Weather. 6.15 ITV News and Weather. 6.30
- 6 45 Planet's Funniest Animals Dancing on Ice. The results can be seen at 9.30pm
- 8.30 Live Celebrity Who Wants to 9.30 Dancing on Ice: The Skate Off.
- 10.00 ITV News and Weather Cops with Cameras. Follow officers working across the UK as they carry out raids, round up suspects and continue the constant fight against crime.
- 11.15 Anglo-Welsh Cup Rugby Union Leicester Tigers v Northampton Saints Martin the final at Sixways in
- The Zone: ITV News Headlines 12 10

#### CHANNEL 4

- The Hoobs. 6.35 The Hoobs Road to London 2012: That Paralympic Show.
- Channel 4 Presents 2012: David Smith Part Two. Sailing: America's Cup 7.30
- Uncovered. 8 05
- Everybody Loves Raymond. Also 9.20am
- 11 30am 12.00 The Simpsons Also 12 35
- Four in a Bed. Also 1.40, 2.10, 2.40 and 3.10.
- Time Team. The lost town of 4.40
- FILM: The Simpsons Movie (2007). Animated comedy. 7.25 Channel 4 News.
- 4thought.tv. Falklands' Most Daring Raid. The story of the RAF's 1982 runway using a single Vulca aircraft, making it inaccessit to Argentine jets.
- 9.00 Homeland, Drama, starring
- David Harewood.
  FILM: How to Lose Friends &
  Alienate People (2008). A selfpromoting writer lands a job at a New York fashion magazine, but struggles to adapt to the world of celebrity. Comedy, starring Simon Pegg, Kirsten Dunst and Jeff Bridges FILM: Drillbit Taylor (2008)

- Milkshake!: Peppa Pig. 6.05 Roary the Racing Car. 6.15 Fifi 6.00
- 7.35 Real Stories: Jennifer Lopez
- Frasier, Also 10.30am The Big Bang Theory. Also
- 1.10
- Deal or No Deal
- Kenfig, south Wales. 5.40
- mission to bomb Port Stanley's
- 12 20

#### **CHANNEL 5**

- and the Flowertots. 6.25 City of Friends. 6.40 Harry and His Bucket Full of Dinosaurs. 6.50 Castle Farm. 6.55 Igam Ogam. 7.05 Roobarb and Custard Too 7.15 Bananas in Pyjamas. 7.25 Family! 7.35 Make Way for Noddy. 7.50 Bert and Ernie's Great Adventures. 7.55 Little Princess. 8.10 The Adventures of Bottle Top Bill and His Best Friend Corky. 8.30 Angelina Ballerina. 8.45 Rupert Bear.
- the Racing Car. 9.45 Mi Sheepdog Tales. 10.00 Grey's Anatomy. 10.55 Stansted: The Inside Story. 11.55 Cowboy

9.00 Ben and Holly's Little

Kingdom. 9.15 The Mr Men Show. 9.25 Bert and Ernie's

Great Adventures, 9,30 Roary

- FILM: Brave Warrior (1952) 12.55 Western FILM: Stuart Little 3: Call of the 2.20
- Wild (2005) Children's ted adventure sequel FILM: The Tigger Movie (2000) 3.50
  - Disney animated adventure 5 News.
- 5.20 FILM: The Legend of Zorro FILM: I. Robot (2004). Sci-fi 7 45
- thriller with Will Smith Includes 5 News Undate 10.00 FILM: Rambo (2008). Includes
- Ultimate Police Interceptors.
- The World of Stupid Criminals.

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## Cheffins











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Ashen

OIEO £850,000

Bychoice are proud to offer this substantial Grade II listed 5 bedroom detached Tudor house dating back to the early 1600's. Set on a plot of 1.5 acres (STS) & offering ample accommodation for all types of buyer. There is also a superb barn annexe & potential to develop other existing outbuildings.

Clare Office - 01787 278890



Guide Price £390,000 •GUIDE PRICE £390,000-£425,000• 4 bedroom detached property in a beautiful setting ideally sulted to anyone locking for a peaceful village home. Refitted kitchen with utility, lounge, dining room & study as well as an ensuite to the master bedroom set in a 1/3 Acre plot with views over paddock land.

Clare Office- 01787 27889



Toppesfield Bychoice are delighted to offer this beautifully restored chapel corresion in the picturesque village of toppesfield. The property delass back to the early 1880's & offers spacious & flexible accommodation as well as an integral annex. Viewing is recommended to appreciate accommodation on offer.

Clare Office - 01787 278890



Nosterfield End

£399,995

A beautifully presented home. Boasting 6 bedrooms, a spacious kitchen with open plan dining area, utility, 2 ground floor WC's, study, master bedroom with ensuite, 2 garages & large driveway.

Haverhill Office - 01440 768919









**Steeple Bumpstead** 

£380,000

This 18th Century 3 bedroom character property is set in approx 0.5 acres & comprises of large lounge, good size dining room, large kitchen, conservatory, breakfast room as well as study/ bedroom 4, family bathroom, ensuite to master bedroom, double garage & other outbuildings.

Haverhill Office - 01440 768919







## **ESTATE** • AGENTS

- www.bychoice.co.uk -



Bychoice are pleased to offer this deceptively spacious 4 bedroom 4 bathroom detached house in the sought after village of Kedington. The property benefits from 2 reception rooms, spacious kitchen/diner fitted to a very high standard, 90ft rear garden & garage. Internal viewing recommended.



Haverhill Office - 01440 768919



Kedington Guide Price £400,000

•GUIDE PRICE £400,000 - £425,000• Detached 4 bedroom house comprising 4 reception rooms, kitchen/breakfast room, 2 bethrooms, utility & cellar. Parking to the side & at the rear is a good size garden.

Clare Office - 01787 278890



Haverhili Office - 01440 768919



This recently extended 3-4 bedroom family home over looks a green to the front of the property & consists of 23ft lounge/diner, large recently filted kitchen breakfast room, gound floor shower room, dining room/ground floor bedroom, family bathroom, garage, as well as front & rear gardens.

Haverhill Office - 01440 768919

Clare Office - 01787 278890



**Great Yeldham** 

£230,000

£250,000 בייטיט sized family home comprising of lounge with open fireplace, conservatory, good size kitchen dines utility room, ground floor WC, 4 bedrooms, master bedroom with ensuite & entered and the compression of the compress

Haverhili Office - 01440 768919



OIEO £220,000

Stoke By Clare £199,995

Well presented Grade II listed end of terrace cottage in Stoke by Clare. The property benefits from lounge, a fitted kitchen & 2 bedrooms & bethroom upstairs.



**Great Yeldham** 

A modern end of terrace property edging or open countryside, benefitting from 3 recept rooms, kitchen, ground floor WC, 3 bedroon bathroom, parking & well maintained garder ty edging onto



Haverhill

£185,000

Presented in high order comprising of 3 bedrooms lounge, conservatory, modern kitchen, there is also a bathroom & shower room & reer garden. This property should give a rental return of £675pcm.

Haverhili Office - 01440 768919



Great Yeldham

An extended & improved 5 bedroom detached home with 80ft rear gardens that back on to fields, studio with power & lighting in the garden as well as garage & driveway to the front.

Clare Office - 01787 278890



Haverhill

£138.000

This well presented home is situated in cul de sac location & comprises of lounge/dining room, kitchen, modern bathroom & has the added advantage of a garage. This property should give a rental return of £625 pcm.

Haverhill Office - 01440 768919



OIEO £180,000

A 3 bedroom semi detached property. The property benefits from a new gas condenser boiler & loft insulation in 2007, double glazed windows, off road parking & garden. Clare Office - 01787 278890

Haverhill

Haverhill Office - 01440 768919



Haverhill

Haverhill Office - 01440 768 919

Haverhill Office - 01440 768919



Hundon

£165.000

Bychoice Estate Agents are delighted to offer for sale this 2 bedroom semi detached bungalow benefiting from lounge, kitchen, dining room, shower room, 60ft rear garden, garage & off road parking. The property has also had cavity wall & extra loft insulation done recently. NO ONWARID CHAIN.

Haverhill Office - 01440 768919





£139.995

sented in good

Haverhill



£182.500



## ESTATE O AGENTS

www.bychoice.co.uk -



Kedington

PUBLIC NOTICE - 70 WESTWARD DEALS KEDINGTON HAVERHILL SUFFOLK CB9 7PJ
We are acting for the mortgagese and have received an offer of £137,500 on the above
property. Any interested parties must submit any higher offers in writing to the selling
agent before an exchange of contracts takes place.

Clare Office - 01787 278890























Poslingford



Tilbury Juxta Clare Guide Price £300,000





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## ESTATE • AGENTS

www.bychoice.co.uk -Lettings & Management



£795 pcm

• Available Now - Unfurnished • Bycholce are delighted to offer this well presented 3 bedroom detached Victorian cottage in this sought after village. The property retains a wealth of character including an open fire place & sash windows. The kitcherybreakfast room overlooks the rear



£595 pcm

Available Now - Unfurnished • • FULLY REFURBISHED •
 Bycholce are delighted to offer this spacious 2 bedroom flat in the centre of the ever popular Clare with large communal grounds, it also benefits from a lounge, kitchen, bathroom & off road parking. Viewing is highly recommended.



Cavendish

CAVENUISI

• Available Now - Part Furnished •
Bycholoe are delighted to offer this character semi detached period cottage in the sought after village of Cavendish. The cottage benefits from a pretty south facing garden adjacent to a stream. Viewing is highly recommended.

rhili Office - 01440 768919

Haverhili Office 01440 768919

Haverhill Office - 01440 768919



£400 pcm

Available Now - Commercial Office • BYchoice are delighted to offer this first floor commercial office in Sudbury town centre, Call for more details.

Haverhill Office - 01440 768919





Glemsford



**LET SIMILAR** 



**LET SIMILAR** 

**REQUIRED** 



**LET SIMILAR** REQUIRED



REQUIRED

**LET SIMILAR REQUIRED** 



LET SIMILAR **REQUIRED** 



**LET SIMILAR** REQUIRED

#### A LOT IS BEING SAID ABOUT THE BUY TO LET **MARKET AT THE MOMENT!!**

Home ouneship is falling as renting increases, First time busers cant get mortgages! Letting agents are disappearing with landlords rent; Rents are increasing! Property prices are still falling!

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## Preview Property Services

#### **Feature Property**



#### **POST OFFICE COTTAGE CAVENDISH**

Period thatched two bedroomed cottage in sought after village.Original features retained, lounge/diner with feature inglenoook fireplace with electric log effect fire, kitchen with electric cooker, downstairs bathroom with shower over bath, original stone & real wooden flooring and beams throughout, gas central heating, pets negotiable, large rear garden, on road parking.

#### £575pcm



#### NAWNEY ANNEXE WITHERSFIELD

Self Contained annexe; open plan lounge/kitchen/bedroom. Equipped with white goods. Shower room, laminate flooring, gas heating, off road parking, use of garden, no pets. Rent includes council tax &

£575pcm



#### ST MARY'S HALL, HAVERHILL

Large two bed bungalow; 2 double bedrooms, kitchen/breakfast room with electric cooker and fridge, bathroom with shower and lounge. Laminate & newly fitted carpets, gas heating, on road parking, small courtyard, no pets.

£595pcm



#### **FELTWELL PLACE, HAVERHILL**

Three bed terraced house; 2 double bedrooms and 1 single. Separate lounge, kitchen with hob and electric oven, dining room, u/s bathroom with shower and d/s cloakroom. Garden with shed, on road parking, carpeted throughout, no pets.

£675pcm

#### **URGENTLY WANTED**

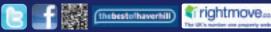
One, two and three bedroomed properties for waiting tenants . . .



www.previewproperty.co.uk 01440 714219 6B High Street, Haverhill









## Balmforth

**Estate Agents, Valuers & Letting Agents** 01440 707976

#### teamprop.co.uk rightmove.co.uk







#### **NORTH AVENUE**

AN EXTENSIVELY MODERNISED, NON ESTATE SEMI DETACHED HOUSE, STANDING IN GOOD SIZE GARDENS WITH GARAGE

- 3 Bedrooms
- Double glazed
- Refitted kitchen/dining room
  - · Good size conservatory
    - · Good size garden
      - Garage
      - £169.950



AN ATTRACTIVELY STYLED COUNTRY HOUSE OF DECEPTIVELY SPACIOUS PROPORTIONS, OCCUPYING A RURAL POSITION WITH COUNTRYSIDE VIEWS

- 4 Double bedrooms
- 22' lounge Large dining room
- Kitchen/breakfast room
- Indoor swimming pool
   Double garage

OIRO £435,000



#### **FOXBURROW CLOSE**

A GOOD SIZE MODERN LINK DETACHED FAMILY HOUSE, OFFERED WITH NO ONWARD CHAIN AT THIS MOST REALISTIC PRICE

- 4 Bedrooms
- Double glazed
- 2 Reception rooms
- Modern kitchen
  - Cloakroom
  - Garage

£183,000



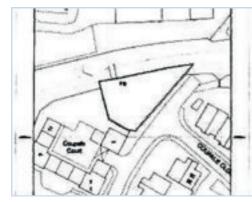
#### **HUNDON**

A MODERN LINK DETACHED BUNGALOW, WELL LOCATED WITHIN A SMALL VILLAGE DEVELOPMENT WITH FARMLAND

#### TO THE REAR

- 3 Bedrooms • Double glazed
- 23' lounge/dining room
  - Cloakroom
  - · Shower Room
- Brick workshop/utility

£205,000



#### **COUPALS CLOSE**

PROVIDING A RARE DEVELOPMENT OPPORTUNITY, THE SITE OF APPROXIMATELY 0.052 HECTARES IS TRIANGULAR IN SHAPE AND HAS A BROAD FRONTAGE TO COUPALS CLOSE

The successful reserved application SE/11/0054 provides for a terrace of three, two bedroomed houses, the first of which has an adjoining garage to the side and there is further parking for four vehicles to the other side of the terrace.

OIRO £165,000





**BOYTON CLOSE** 

A MODERN HOUSE OF SPACIOUS PROPORTIONS LOCATED ON THE PRESTIGOUS BOYTON HALL DEVELOPMENT

- · 3 Bedrooms
- Double glazed
  18' Lounge

- · Cloakroom
- Refitted kitchen
   Garage & parking

£192,950



Email: haverhill@balmforth.co.uk 12 High Street, Haverhill, CB9 8AR

## Balmforth

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#### **KEDINGTON**

A NICELY POSITIONED
DETACHED PROPERTY SET BACK
FROM THE ROAD IN AN
ELEVATED CORNER PLOT
POSITION

- 3 Good size bedrooms
  - Double glazed
- Lounge/dining room
  - Cloakroom
- Front/side and rear gardens
  - Garage and carport

£189,950



#### KEDINGTON

A LOVELY SEMI DETACHED BUNGALOW, LOCATED NICELY WITHIN THE POPULAR VILLAGE OF KEDINGTON AND BENEFITTING FROM WELL LAID ACCOMMODATION

- 2 Bedrooms
- · Double glazed
- Kitchen/dining room
  - Conservatory
- Low maintenance rear garden

OIRO £149,500

#### **CHAPPLE DRIVE**

A WELL SITUATED SEMI DETACHED FAMILY HOME, OFFERED WITH NO ONWARD CHAIN LOCATED ON THE POPULAR HALES BARN DEVELOPMENT

- 3 Good size bedrooms
- Double glazed
   Lounge/dining room
- Cloakroom
- Front and rear gardens
  Garage en block

£162,995

#### • PROPERTIES TO RENT •



#### CROWLAND ROAD

AVAILABLE APRIL

Close to the town centre this victorian terraced house offers unfurnished accommodation comprising a lounge, kitchen, bathroom and on the first floor three bedrooms. Courtyard rear garden

£575 PCM



#### LAVENDER HOUSE

AVAILABLE MID MARCH

A modern unfurnished second floor apartment with secure entry offers accommodation comprising lounge/kitchen, two bedrooms, bathroom, off road parking

£575 PCM



#### STEEPLE BUMPSTEAD

**AVAILABLE NOW** 

Located within this popular village, in a quiet cul de sac this unfurnished detached house offers accommodation comprising a lounge, dining room, kitchen/breakfast room and cloakroom, four bedrooms and family bathroom to the first floor. Pleasant rear garden and garage with parking garage with parking

£875 PCM



#### STEEPLE BUMPSTEAD

AVAILABLE NOW

SHORT TERM LET AVAILABLE

This substantial unfurnished detached house has accommodation comprising, entrance porch, lounge, dining room, kitchen, utility room, cloakroom, cellar, three bedrooms and bathroom, good size

£750 PCM



Email: haverhill@balmforth.co.uk 12 High Street, Haverhill, CB9 8AR



36 Queen Street, Haverhill, Suffolk CB9 9EF

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#### Hundon

Suffolk village location, individual Grade II Listed Cottage, gallery landing overlooking lounge, separate dining room, study, kitchen, conservatory, g/f bathroom, three bedrooms, wealth of period features, delightful inglenook fireplace, garage & driveway, delightful rear & side gardens

£375,000









Detached family home, quiet cul-de-sac location or the Cambridge side of town, g/f cloakroom, lounge dining room, kitchen, three bedrooms, en-suite to master bedroom, family bathroom, converted garage offering annexe facilities, driveway



Well presented townhouse located on the Cambriotown, g/f cloakroom, modern kitchen with man appliances, lounge, family room/dining room, three family hathroom, enclose bedrooms, en-suite & family bathroom, enclosed rear garden & garage, viewing highly recommended



Popular Cambridge side of town, detached family home, g/f cloakroom, kitchen & utility room, three reception rooms, four bedrooms, en-suite facilities to master & bedroom two, family bathroom, front & rear gardens, attached double garage & driveway



Delightful village location, charming Grade II listed cottage with a wealth of character and original features, kitchen/diner, sitting room with open red brick fireplace, two bedrooms, athroom, delightful gardens, garage & drivewa



Extended detached bungalow, non - estate location, kitchen/breakfast room, lounge, dining room, conservatory, two bedrooms, en-suite & bathroom, un-overlooked rear garden, garage & driveway, viewing highly recommended

Green Road



Generous detached family home situated on the popular Boyton Hall development, three reception rooms, kitchen, gf cloakroom, four bedrooms, ensuite & family bathroom, detached double garage & driveway, delightful front, rear & side gardens



Well presented detached family home situated in a popular Suffolk village offering a larger than average plot, gf cloakroom, kitchenbreakfast room with integrated appliances, utility room, there erception room, five bedrooms, ensuite & family bathshowe room, delightful rear garden, detached double garage & driveway







windows & doors, detached single garage & driveway, viewing highly recommended









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**Beaumont Court** 

Popular residential location, delightful detached bungalow, lounge, L-shaped kitchen/dining room, conservatory, two bedrooms, bathroom, attached garage with driveway & additional parking, delightful gardens





Popular close to town location, semi detached family home, lounge/dining room, kitchen, UPVC conservatory, three bedrooms, re-fitted first floor bathroom, un-overlooked rear garden measuring approx 100ft



Semi detached bungalow situated in the popular Suffolk village of Kedington, kitchen/diner, lounge, UPVC conservatory, two bedrooms, bathroom, front & rear gardens, garage, no onward chain, viewing highly recommended



Well presented semi detached bungalow situated on the popular Hanchett Village development on the Cambridge side of town, lounge/dining room, kitchen, two bedrooms, bathroom, g/f c/h, double glazing, front & rear gardens, garage & drive





nome located on the Chalkstone development, built in 2006, g/f cloakroom, fitted kitcher with some integrated appliances, lounge & dining room three double bedrooms, family bathroom, rear garden om, fitted kitcher with workshop, viewing highly recommended



Situated on a popular residential location, well presented semi detached family home, two presented semi detached family nome, end bedrooms, re-fitted kitchen with some integral appliances, dining room, lounge, family bathroom, front & rear gardens



End of terrace property situated in a pleasant cul-de-sac, on the Cambridge side of town, lounge, kitchen/diner, two bedrooms, bathroom, gf ch, detached garage & drive, larger than average rear garden, viewing highly recommended



Ideal investment opportunity, two bedroom terraced property located on the popular Hanchett Village development on the Cambridge side of town, kitchen lounge/dining room, two bedrooms, re-fitted bathroom, rear garden, garage en-bloc & further parking



Popular residential location, well presented first floor maisonette, lounge/dining room, kitchen, two bedrooms, bathroom, UPVC double glazed windows, allocated parking & gardens, ideal investment or first time buyer property

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- **Expert Property Management**
- **Competitive Fees**

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Cavendish House

Popular residential location, close to town, first floor apartment, lounge, kitchen, bathroom, two bedrooms, communal gardens gated off road parking, available Mid April 2012



Various refurbished offices, close to town

kitchen & cloakroom facilities, g/f c/h delightful gardens, 12 month licence available Price: £350 - £700 pcm inc electricity & gas



DESPRISORNY DVIKTE AGENCY



Rural location, converted barn, lounge, fitted kitchen, one bedroom, shower room, separate cloakroom, utility room, rent to include: council tax, tv license and water rates, available now



Prestigous letting opportunity, close to town centre, three offices available, kitchen & WC facilities, price to include: gas, electric, water, business rates & facilities, available now



SAMUEL'S DESPENDANT DYDER AGENT



## Kings of the Property Jungle





#### Who we are

We are a dedicated team who pride ourselves in our knowledge of the property industry. CXG have been providing service to Haverhill and the surrounding area since 1996.

We specialise in both Residential Sales and Property Management, and through our innovation we offer our customers benefits that cannot be matched by our competitors.

01440 712216

Our Clients Say ...

I have recently bought a property through CXG and I am very pleased with professional service. They have always been very helpful and friendly. Special thanks to Elaine for her efficiency and for always replying with a smile.

Ignacio G



#### **Our Services**

#### **ESTATE AGENCY**

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- Extensive Property Advertising

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- No initial fees
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- Extensive Property Advertising

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Management\*

\*(For first 3 months)



#### Recently Added



Boxford Court \$125,000 Immaculately presented 3 bedroom mid terrace house that has under gone extensive renovation with a re-fitted kitchen, Re-fitted bathroom shower room.



Connaught Road \$125,000
An immaculately presented 3 bedroom family home which has undergone extensive improvement internally and externally. Re-fitted kitchen & Bathroom.



Town Centre £95,000

An immaculately presented spacious ground floor apartment. The property would ideally suit a first time buyer or investment purchase.











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12a High Street, Haverhill

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# Kings of the **Property Jungle**





Spacious 3 double bedroom duplex partment.Good size lounge, kitchen/diner, lownstairs W.C & bathroom. Garage & 'arking.



Spacious well presented 4 bed detached house in Sturmer. Re-fitted kitchen and bathroom, en-suite to master bedroom. Garage and car port.



A beautifully presented extended 3 Bedroom mid terrace house with fantastic landscaped gardens, must be viewed to be appreciated.



A Beautifully presented extended 4 bedroom detached house on Hanchett Grange development, the property has spacious accommodation & 3 Reception rooms.





£249.995



£199,995 Extended 4 bed semi-detached house in Hundon. The property sits on a good sized plot and has potential for further extensions



Recently renovated 3 bed link detached bungalow in village of Hundon. Situated in a quiet cul de sac location. Spacious accommodation, oil fired c/h, uPVC d/g.



Town Centre An immaculately presented spacious ground floor apartment. The property would ideally suit a first time buyer or investment surphase.



OIEO £115,000

One Bedroom End of terrace house, the property has the added benefit of having a conservatory, garage and driveway. This property is an ideal first time purchase or investment property.





Large detached house, separate
Annexe. Great sized accommodation:4
Receptions, 5 Beds, 3 Bathrooms, 2



leceptively spacious 2 bedroom detached ungalow on the sought after "Boyton Hall levelopment". The property is well resented with good sized gardens.





5 Bed Detached house in Sturmer. Light & spacious accommodation with 2 Reception rooms, En Suite, Double Garage, Hot tub included in sale.





An immaculately presented 3 bedroom family home which has undergone extensive improvement internally and externally. Re-fitted Kitchen & Bathroom

### HAVERHILL

## 01440 768668



#### ASHDON £80,000 50% SHARE SOLD STC



SOLD STC A 50% share in this modern two bedroom property in the village of Ashdon.

#### HAVERHILL £59,000

#### **SOLD STC**



SOLD STC A 50% share in this 2 bed semi detached property within walking distance of the town centre. Viewing is recommended.

#### HAVERHILL £91,995

#### **NEW PRICE**



INVESTMENT PROPERTY. A first floor flat within walking distance of the town centre. Currently rents out for  $\pounds 475$ pcm. Viewing is highly recommended.

#### HAVERHILL £129,000







IDEAL AS AN INVESTMENT PROPERTY OR FOR A FIRST TIME BUYER. A spacious property located on the popular Parkway development. Accommodation to include large lounge, dining room, kitchen, 2 double bedrooms, family bathroom and separate WC. Large garden.

#### KEDINGTON £225,000







A delightful 1930 s semi in the village of Kedington. Accommodation to include lounge/diner, kitchen/diner, gf bathroom and separate shower room and 3 bedrooms. Benefitting from large and established front and rear garden, off road parking and garage. Viewing is strongly recommended.

#### HAVERHILL £179,500







A great opportunity to purchase this three bedroom detached bungalow on the popular Wilsey Development occupying a generous corner plot. Enclose garden, garage and driveway. Viewing is highly recommended. No onward chain.

#### HAVERHILL £149,950







A recently modernised home on the popular Parkway development. Accommodation of lounge/diner, kitchen/diner, WC, 3 bedrooms, en-suite and a family bathroom. Off road parking for 2 vehicles at the front and a fully enclosed rear garden. Viewing is strongly recommended.

# HAVERHILL 01440 768668



#### STEEPLE BUMPSTEAD £285,000

#### **NEW PRICE**



We are delighted to offer for sale this unique Chapel conversion located in the centre of the popular village of Steeple Bumpstead. Accommodation to include a galleried lounge, kitchen/breakfast room, utility room,gf cloakroom, gf master bedroom with en-suite, 2 further double bedrooms upstairs and a family bathroom. Outside to the front is off road parking for 2 vehicles and a fully enclosed rear courtyard style garden. Vacant possession.



#### HAVERHILL £185,000





A detached family home on the popular Castle Reach Development. Accommodation to include lounge, dining room, kitchen, gf cloakroom, conservatory, three bedrooms, en-suite and family bathroom. To the front of the property is a small garden area and driveway leading to a single garage. Gated access leads to the fully enclosed rear garden which is mainly laid to lawn with patio and shed. Viewing is highly recommended.



#### HAVERHILL £159,500



A three bed end of terrace property located on the established Wilsey development. Garage, parking and gardens. No chain.

#### HAVERHILL £232,500



We are pleased to offer for sale this four bedroom extended family home with large conservatory on the outskirts of Haverhill.

#### HAVERHILL £195,000



A semi detached three bedroom Victorian family home within walking distance of the town centre. No chain.

#### HAVERHILL £825 PCM



A four bedroom town house within walking distance of the town cwntre. Garage and garden. Available end March.

#### LITTLE WRATTING £1,375 PCM



A delightful 4 bedroom period cottage set within 1/3 acre and with ample parking. Viewing recommended. AVAILABLE NOW.

#### STEEPLE BUMPSTEAD £1,425 PCM



NOW LET A four bedroom country house set in 3/4 acre. Furnished £1425 Unfurnished £1500

#### HAVERHILL £795 PCM



A rare opportunity to rent this recently renovated three storey, three bedroom Victorian town house. Available now.

### SAVE ££££'S

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# Homesnow









# **Terraced home to let**

**PLEASANTLY located** down Recreation Road, overlooking the recreation ground, this terraced property is well-located for Haverhill town centre.

Inside, it provides a light, cheerful living room, modern fitted kitchen/dining room, shower room and three first-floor bedrooms. Offroad parking is also provided, and there is a good-size garden to the

The property is available to rent now, unfurnished,

for £675 per calendar month.

For more information or to view, call Balmforth on (01440) 707976.



# Detached home in a quiet cul-de-sac THIS property in White Caville, Haverhill, is on the market for offers in excess

of £230,000.

Situated on the popular Cambridge side of town, the detached house occupies a quiet cul-de-sac location. Inside, there is an entrance hall, living room, dining room, study

breakfast room, bathroom, four bedrooms and an en suite to the master.

There are attractive lawned gardens to the front and rear, plus a

single garage.
To arrange a viewing,
contact Abbotts on (01440)





## Lovely large gardens and no upward chain

ON the market with no upward chain, this property stands in Chaplains Close, Haverĥill.

The semi-detached home would be ideal for a family, providing good-size gardens and plenty

of parking.
Inside, there is a cloakroom, living

room, separate dining room, kitchen, three firstfloor bedrooms and a bathroom.

This lovely house is for sale at £167,950. For more information, contact Samuels Independent Estate Agents on (01440) 708100.





#### Haverhill Tel: 01440 702575



village. Large kitchen/diner and a conservatory overlooking an established rear garden.

£360.000



Offered with no onward chain on the popular Chalkstone Development is this three bedroom mid terrace property. Viewing recommended.

£130,000



£165,000



Urgent sale required, detached cottage being sold by Housebuilder by way of their part exchange service i

£199,995



detached house located on the popular Cambridge side of town in a cul-de-sac position.



buyer, is this three bedroom end of terrace property iewing highly recommended.

£110.000



Kedington

fered with no onward chain, located in the opular village of Kedington, is this three bedroor erraced property.

£140,000



kitchen/diner, lounge, upstairs three good sized bedrooms and a family bathroom.

£125.000



Kedington

vard chain and in need refurbishment oughout is this three bedroom mid-terrace house ocated in the popular village of Kedington.

£140.000





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#### Halstead

Offered for sale with no onward chain is this two edroom semi-detached cottage located in a village



#### Westward Deals

our bedroom link detached property includes pakroom, lounge, dining room, kitchen, utility athroom, front and rear gardens, garage.

O.I.E.O £170,000



#### Haverhill

ocated on a popular development is this three edroom detached house with a conservatory. Viewing highly recommended.

O.I.E.O. £180,000



#### Haverhill

OLD - Four bedroom detached house offering ounge, dining room, kitchen, situated on a corne olot cul-de-sac location, front and rear gardens

O.I.E.O £190,000



#### Haverhill

Three bedroom Semi-Detached house with approximately 70ft garden on the Boyton Hall levelonment No Onward Chain

O.I.E.O £190,000



#### Ridgewell



#### Hundon

property. Viewing highly recommended to

O.I.E.O £200,000



#### Haverhill

cul-de-sac is this four bedroom detached house

O.I.E.O £210,000



#### Ridgewell

exposed beams, in popular village location. Viewing

£210,000



Haverhill

property located on the popular Roman Way lopment. Viewing highly recommended.

O.I.E.O £220,000

Offered with no onward chain is this four bedroom

O.I.E.O £220.000



#### Haverhill

tended four bedroom detached house located o he popular Wilsey Development. Viewing is highly

£235.000



fered with no onward chain. Beautifully presen nree bedroom detached property. Viewing highly ecommended to avoid disappointment.

£250.000



#### Steeple Bumpstead

delightful three bedroom detached 16th century ottage located in the popular village of Steeple Bumpstead.

O.I.E.O £270.000



eautifully presented and deceptively spaciou operty located on the edge of the popular village of Stambourne, boasting stunning views.

£300 000













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Cavendish House, 27a High Street **Haverhill CB9 8AD** 01440 707076





A 2 bedroom house on the Cambridge side of town comprising sitting room, kitchen with appliances, conservatory, bathroom, garden, of street parking and garage. Available Late April.



#### Haverhill

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A spacious two bedroom ground floor apartment located in a popular central location recently refurbished and benefiting from an en suite to the master bedroom. Available now.



A two bedroom ground floor apartment close to the Town Centre, comprising sitting room, kitchen, two bedrooms, bathroom and allocated parking space. Available mid-late March.

# KevinHenry



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OPEN HOUSE THIS SATURDAY 17 MARCH 2PM - 3PM An immaculately presented, 4 bedroom, detached home set in generous gardens.

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**HAVERHILL** 

£240.000

Beautifully presented, 4 bedroom, detached family home.

Situated on the popular Castle Reach development, accommodation comprises entrance hall, cloakroom, two reception rooms, superb refitted kitchen, four bedrooms - en-suite to master - and family bathroom, with the benefit of a garage and garden.

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In need of upgrading, a very solid and good sized, 3 bedroom semi with south facing garden

Built in the 1950's, this very solidly built, 3 bedroom semi is in need of some updating. It has the benefit of replacement double-glazing, two reception rooms, three generous bedrooms and enjoys a south facing garden, with useful outbuildings. The property has scope to enlarge further.





A 4 bedroom, semi-detached family home with garage and store/workshop Accommodation comprises hall, living room, dining

room, cloakroom, kitchen, four bedrooms (en-suite to master), family bathroom and good sized gardens.



STEEPLE BUMPSTEAD

A generous and well presented, detached family home set in good sized gardens Accommodation comprises cloakroom, study, living room, dining room, kitchen/breakfast room, utility room, 4 bedrooms (one with en-suite) and family bathroom. Information provided on these pages is intended for general information purposes only and does not constitute legal or other professional advice.

### Your CV

When you send your CV off to a potential employer, remember that you won't be the only one. Hundreds of other people could be applying for the job as well.

So what are you going to do to make you stand out from the crowd? Why should an employer take a chance on you instead of someone else?

Your CV is your first real chance to sell yourself to a potential employer. Most employers will scan through a CV in about 30 seconds so you need to grab their attention from the start - and make them want to invite you for an interview.

# There are five main areas to consider when writing your CV:

- Make sure your CV looks the part. Your CV should look clean and tidy don't scrawl it out on a piece of A4 paper. If you haven't got access to a PC or printer, ask a friend or use your local library. Use a good quality paper and steer clear of fancy borders and front covers.
- Watch out for silly spelling and grammar mistakes. They make you look lazy and show employers that you don't really care. It's not difficult to do a spell check on your PC and if you're really stuck then don't just guess, reach for a dictionary. Get a friend to read through your CV for you a second opinion is always useful.
- Make sure your CV is well organised. When you list your previous jobs, make sure the dates are correct and try not to leave any gaps. If you took time out to go travelling then say so employers won't mark you down just because you've tried something new.
- Don't waffle. Remember that employers don't have time to read every word of your CV. Long paragraphs and sentences put people off, so try bullet-points to break up text. Make sure your CV is no longer than two pages long employers don't want your life history, they just want to see that you've got what it takes to do the job.
- Don't list any failures. Employers have enough trouble finding someone who is right for the job they don't need help finding reasons not to employ you. If you have to include a mistake from your past, make sure you show the employer that you learnt something from the experience.

### Keep it simple

#### Personal details

Start off with your full name, address, home and mobile phone numbers and email address. If you are offered an interview, the employer will want to get hold of you so give him as many options as possible.



#### Summary/professional profile

This is the No1 area for selling yourself. Set out your main skills and personal qualities but keep it interesting and tight - one paragraph should do to cover everything.

#### **Education and qualifications**

List your qualifications and education history, with the most recent first. You don't need to list the grades for each exam you have passed unless they were exceptional results - simply listing the number and type of exams you've passed is fine. Also, list any relevant professional organisations you belong to and training courses you have been on.

#### Work experience

Start with your most recent position and work backwards, giving addresses along with start and finish dates. Set out your main responsibilities, duties and most importantly achievements, along with any skills you picked up or improvements you made while you were there. This is a really important section in your CV so make it count - but don't waffle.

If you have not had a full-time job before, detail any part-time jobs you may have held or any placement you have been on.

#### Other skills

Set out any computer skills you may have and the software you are most familiar with. Can you type, do shorthand or speak a foreign language fluently? If you have a driving licence, let the employer know. If it's clean, tell them.

#### Interests & hobbies

Briefly list what you get up to in your spare time. Put down any positions you hold in clubs or associations, along with any responsibilities and achievements.

#### References

Make sure you have at least two people (including one from your previous or current job) who will tell an employer what a thoroughly nice person you are and what a potential asset to the company you would be. If you want to list them now make sure you include their name, job title, postal & e-mail address and contact phone numbers. Alternatively, just put "Available on request" so the employer knows to follow up references at a later date.

### Add a covering letter

The main aim of a covering letter is to encourage an employer to give you a chance. You want them to read your CV, so sell it to them. You should always enclose a covering letter when applying for a job - most employers won't consider you unless you do.

A covering letter should let the employer know why you are interested in the job and why you think you can do it

## The hints and tips below should point you in the right direction:

- Keep it simple. A covering letter should be short and to the point no more than six paragraphs.
- Mention the job. If you are replying to an advert, mention what the job is and where you saw it. The company may be advertising for other positions and it may not be clear which job you are applying for.
- Sell yourself. Explain why you are the perfect candidate for the job. Show off your strengths and experience. Refer to your CV if it goes missing then at least an employer will know that you've sent it.
- Check it for mistakes. A silly spelling mistake in a covering letter is likely to cost you your chance of getting an interview. Also, make sure it is addressed to the right person in the right department.

A covering letter can be just as important as a CV in getting you an interview. It's your first point of contact with your potential employer - so make it count.

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Bentley unveils SUV stunner

# ...as luxury marque backs Each

BENTLEY CAM-BRIDGE, part of the Vindis Group, is proud to support the worthy charity Each, which provides care for children with lifethreatening illnesses.

East Anglia's Children's Hospices (Each) provides care and support to life-threatened children and their families across Cambridgeshire, Essex, Norfolk and Suffolk, and this is delivered wherever the family wishes – in their own home, in hospital or at one of the charity's hospices in Ipswich, Milton or Quidenham.

The Vindis Group became involved with the team at Each during the launch of the new Bentley Cambridge dealership in January. With 200 local people attending the launch event, the Vindis Group felt it was important to use this as an opportunity to support a local charity. Subsequently, more than £750 was raised for Each from the guests at the launch.

Helping the children and their families was of great importance to the Vindis Group but so was helping the team at Each. Vindis Group operations manager, Victoria Stubbs, said: "Meeting the team at Each was an incredibly humbling experience. We wanted to help give something back to the people that give so much."

That's why the Vindis Group recently arranged a VIP experience, with the Northampton Saints Rugby Team. The Each staff were invited to watch the Northampton Saints vs. London Wasps game at the Saints home ground, Franklin's Gardens, from the comfort of their own executive suite, and were provided with a buffet meal and unlimited refreshments.

Bentley Cambridge looks forward to a long and supportive partnership with Each.

Meanwhile Bentley has unveiled a dramatic new Sport Utility Vehicle concept, EXP 9 F, at the Geneva International Salon d'Auto.

The company's designers and engineers have created a compelling new take on the Grand Touring Bentley. Unmistakably a Bentley - yet like none before the EXP 9 F could herald a third Bentley modelline alongside the bespoke Mulsanne and the high-performance

Continental GT, GTC and Flying Spur.

For many, a dramatically styled, Bentley all-wheel drive SUV with a spacious, versatile cabin and commanding driving position, with Bentley's hallmark power, performance, advanced technology and hand crafted luxury, would be a natural choice on and off-road.

Although the EXP 9 F concept is based around the Bentley 6.0-litre, twin-turbocharged W12 engine with an 8-speed transmission, both the recently-launched 4.0-litre, twin-turbocharged V8 or a hybrid drivetrain could meet the performance requirements of a pinnacle luxury SUV.

■ The News is currently supporting Each raise £80,000 for a play area – see www.cambridgenews.co.uk/Childs-Play-Appeal for details.

## New Fiat Panda in showrooms

THE third generation Fiat Panda, Europe's best-selling supermini, is bigger, roomier, safer and more fuel efficient than its predecessors. It's also on sale now at EMG Motor Group's Milton Road site

Three engine options will be offered at launch, headed by Fiat's award-winning TwinAir Turbo, This 875cc unit has the lowest carbon dioxide emissions of any quantity production petrol engine in the world, and won International Engine of the Year 2011 courtesy of its unique combination of power, flexibility and economy. With 85hp, 67.3mpg economy (Combined cycle), and a characterful throaty soundtrack, this engine has cemented Fiat's position at the forefront of modern combustion engine development.

The TwinAir Turbo is to be joined later in the year by a normally aspirated version for the very first time. There



The all-new Fiat Panda: Award-winning Twin Air Turbo is one of many model ontions.

is also the latest evolution of the dependable 1.2-litre FIRE engine. With 69bhp, it employs variable valve timing technology to blend power with economy. The new Fiat Panda is also available with a 1.3-litre MultiJet2 turbo diesel. This second generation, compact unit features faster injectors than its predecessor, making it quieter, more economical and cheaper to run.

The TwinAir Turbo and
MultiJet will come with

Indicator (GSI), which suggests to the driver when to change gear in order to achieve the best economy.

"Prices range from £8,900 for the entry model to £12,544 for the Twin Air Lounge with metallic paint," said EMG Motor Group's new car sales controller Darren Hunns, "and of course there's nil road tax on the Twin Air versions thanks to its 95g/km CO2 emissions?

Call (01223) 472000 for further information

# Fiat Panda on sa

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information.



Bravo: Grant Osbourn, left, regional manager for the Good Garage Scheme with Wallis & Son owner Elliot Wallis at the firm's Barton premises.

## Good garage award for Wallis & Son

NEED a garage with a good reputation for MoT, service or repair?

Local motor service and repair firm, Wallis & Son Ltd is the most talked about garage in the region after winning a prestigious regional award from the Good Garage Scheme in recognition of feedback left by its customers.

Congratulations to the team at Wallis & Son Ltd in Barton for receiving the most comments in the East Anglia Region and a five star rating from over 850 customers. Since the launch over five

years ago, the Good Garage Scheme has been encouraging motorists to leave vital feedback on the garages they have visited for an MOT, service or repair. The feedback is available to view at www.GoodGarageScheme.co m, and can be used by motorists to assess the suitability of a garage in their area.

Every customer who visits a Good Garage Scheme member garage is encouraged to leave feedback. This is then available to view on the Good Garage Scheme website, and can be read by

other motorists looking for a

garage they can trust.

Rachel Greasby, UK general manager of the Good Garage Scheme, commented: "Wallis & Son Ltd is a shining example of a garage that cares about what their customers think of them. They are clearly doing a good job of helping motorists in their area."

To read all of the feedback for Wallis & Son Ltd, or to learn about the Good Garage Scheme, visit www.goodgarage scheme.com - it's like having a friend in the know!



The all-new Fiat Panda: Award-winning Twin Air Turbo is one of many model options.

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Ford Fiesta 1.2

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16V, 1998, R-Reg, Only 64,000 Miles, Full Service History, MOT Until January 2013, taxed, 5 Door, Power Steering, Low Insurance, Stereo, Excellent Condition

£950

01223214818

07881633006

Ford Fiesta 1.2

Freestyle

2001 (Y), 5 Door, Met Silver, 100 K Miles, 2 Owners, MOT January 2013, F.S.H. Alloys, Air Con, E/W, Radio/C.D, Fogs, Excellent Condition

01638743310

07925435591

100's of new & used cars for sale

Ford

new car?

# FORD Fiesta 1.4LX (new shape), 5 door, 2004, 54 Plate, Met. Green, Only 37,000 miles, F.S.H. 2 Owners, P.A.S. C/locking, E/windows, Airbags, Aircon, Radio/C.D. Player, Colour Coded Bumpers, Immobiliser, Long M.O.T. Warranty, Excellent Condition, 23650 01799 584327 07779 557267 www.rowleyscars.co.uk

#### **Ford Focus** 1.6 Zetec

2003, 84,000 miles, A\C, Iloys, E/W, P/S, E/M, MOT owners from new, servic history, cam belt replaced black cloth interior, good clean example of a popula car, grab yourself a bargai

£2,299 ono 07815 051227



#### Ford Focus 1.6 Ghia Saloon

51 plate, petrol, silver, 101.000 miles, full MOT, 6 months tax, service history 2 new tyres fitted February 2012, family owned last 7 years, very good condition

£1.195 ono 07889 233208

#### **Ford Focus** ST170

71,000 miles, '02, tax, MoT June '12, 4 door, recent tyres, Xenom lights, half leather, grey, Bluetooth

£2.450

07932 624367 Day 01799 584694 Eve

#### Ford Mondeo 2L LX

90,000 miles, Recently erviced, 12 months MOT, 100% reliable

£1,000 ono 07973 679396



#### Ford Mondeo LX hatchback 2.0L Diesel

Silver, 144,000 miles, Servic history, CD Player, Parrot bluetooth phone, Remote central locking, Electric frow windows, Tow bar, Good all round condition, Tax & MOT

07780 998192

#### **Ford Mondeo** Zetec 2.0 **Estate**

drive.

Petrol, 54 reg, Light Blue, 110,000 miles, taxed, MoT, 2 owners, private use, high spec, excellent condition inside & out

£2,150 ono 01480 300218

#### Ford Puma 1.4 16V

1999, T Reg, 100K Miles, Full Service, MOT until February 2013, 6 Months Road Tax, 3 Door, Blue, Power Steering, Electric Windows, Air Con, Alloy Wheels, Low Insurance, C.D. Player, Excellent Condition

£850 01223214818 07881633006

#### Honda

#### Honda CR-V ivtech

April 2003 Very good conditio FSH, 1 year MOT

£2,800 ono 01223 440778

#### **Honda Civic** Type R GT

1998c, i-btec, Petrol, 2008, Metallic silver, 12,500k, 3 door hatchback, Manual, ABS, Climate, Cruise Control, Immobiliser, Sport seats, Radio/CD, Traction control, PAS, Remote C/L, Trip computer, Front fog lights, 6 speed gear box, MOT May 12, Tax April 12, vgc

£10.000 ono 07590 696214

#### **Honda Civic** 1.6 V-Tec Executive

2002, Silver, 57,000 mile: A\C, S/Roof, FSH, July

£2.500 07973 117993

#### **Driving Tuition**

Lessons Discounts
Available, CB and PE
Post codes

Mini

MINI COOPER

Chilli pack, 2006, 59,000 miles, black, one previous owner, MOT & Tax, excellent condition

£6,000 ono

07810 486159

MINI COOPER S

CONVERTIBLE

2004, British Racing Green 37,000 miles, A\C, Leather interior, Xenon's lights, chilli pack, FSH, all extras, stunning car.

£6.000

01353 861551

07540 808690

Mitsubishi

#### Kia 57 Ceed Sportswagen

Kia

LS Lifeshine protected, Abyss blue, Manual, 1.6 CDRI, Diesel, Leather/cloth nterior, Cruise control, Fron rear parking sensors, 3,800 miles, driven for 5 months, placed in professional storage due to ill health

£8,000 John Avery 01223 414385

#### Mazda



#### Mazda 2

3 door hatch, 2009, netallic pearl white, 10,000 miles, lady owner, manufacturers warranty remaining, tax & MOT, excellent condition

£6,200 07779 589253



Mazda 6s Petrol, 2003, Met, 105,000 miles, A\C, Alarm, Alloys, CD, E/W, Airbag, P/S, Tax till end of March 2012, MOT till Nov 2012

£1,695 07769 900736

Mazda MX-5

MK2 1.8

Petrol, 1997, Green, 102,000 miles, CD, heated rear window, recent mohai hood & cambelt, full service history, manual, Excellent condition Tax

cellent condition, 1 June, MOT March

£2,500 ono

07941 602957

Mini

# Mitsubishi

#### Shogun 3.2 Elegance Diesel Automatic, 04 plate,

Excellent condition, Luxury car, Full electrics, Heated leather seats, Cruise contro 1 owner, FSH, 116,000 miles, Long Tax and MOT

Reduced to £6.995 ono 07881 917093

#### Motorcycles Scooters

Bought for cash. Any condition, any age, crash damaged, non-runners

07710 324170



#### Keeway F-ACT 50

10 plate (June 2010), Blue/White, 2,400 miles Good condition, Service history, Taxed May 2012

07792 508038

#### **MINI Cooper**

Petrol, Black, 67,000 miles 1.6, 3 door hatchback, 06 plate, Glass roof with double S/Roof, Red seats with black leather trim, 6 CD changer, Alloys, Rear tinted windows, MOT Feb 2013, Excellent condition

£5,795 07792 666396



#### Vespa/Piaggio LX50

9,800 miles, 06 plate, 1 owner, Recent overhaul, Good condition, Registered SORN

£990 ono 07775 588483

#### All Motorcycles **Wanted for cash!**

**Motorbikes** 

Any condition/ any age! Crashed, Damaged,

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#### BMW R 1200GS Adventure

11.000 miles, 06 plate, aluminium panniers, recent service, recent battery and back tyre, excellent condition

£7.000 ovno 01440 703737 07769 644310



#### **Ducati Monster** 1000S

Red, 992cc, 19,000 miles, Immobiliser & Alarm, Registered May 2005 (1 owner), FSH, MOT expires May, Tax expires April

£3.450 ono 07900 991836

Mopeds

01525 759236 T

### **Mopeds**



## SV650s

2001, 13,281 miles, blue, tidy bike, good runner, low insurance, taxed September, MOT until June

Suzuki

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**Peugeot** 

Peugeot 207

1.6XS Sport

2007, 3 door hatchback, 46,000 miles, Metallic Blue, Black leather interior, 17° Alloys, AV, Radio/CD, Cruise control, Directional lights, Traction control, laxed & MOT to June 2012, FSH, Excellent Condition

£3.995 ono

01223 835166

Peugeot SW 307

1.6 SE 5 door estate, manual Petrol, 2007, metallic gun metal grey, AlC, Climate, Cruise Control, Immobiliser, P/S, E/S/Roof, E/M, Parking Sensors, r/c/l, CD with 5 disc

Multichanger, Roof Rails, ABS, Head Restraints, Roo

Rails, Upholstery Cloth, mul a/bags, 10 mths MOT, 6 mths tax

£5.400 ono

01223 882010

Range Rover

Range Rover

Vogue TD6

### Nissan Almera S

5 Door, 2001, Green, 72000 miles, Serviced, 12 months MOT

Nissan

£1395 01799 543444



#### Nissan Navara Pick Up

2000, 2.5L, 4X4, Blue, 135,000 miles, E/W, A\C, C/L, Tow bar, 4 seats, Tax, MOT July

£1,650 01763 220587 07790 022392

#### Peugeot

PEUGEOT 106 XL ZEST Red, 3 dr, 1124cc, excel-lent order, new MOT, £650.Tel: 01353 662030 (Ely)



#### **PEUGEOT 106 ZEST**

T reg, Blue, 73,000 miles, full service, MOT and Tax Nov 2012, low insurance, excellent condition, well loved, lovely runner

£950 01353 614650 after 3.30pm







#### Expression 1.6 2.2dCi

2001, Genuine 23,000 miles, 1 lady owner, Second car, Metallic silver, Black leather interior, Wind

£2.650 ono 01223 870783





#### Renault Laguna 2.0L 16V

2000 (W), 77,000 miles, 12 months MOT, A\C, E/W, CD, recent cam belt, Full Renault service history

> £950 ono 01954 232717



#### Renault Megane FiDJi

16v Petrol, 2002, Green, 5 door hatchback, MoT July 2012, 1/2 leather, radio/CD, recent cambelt and water pump, front brake, pads & shoes and battery all replaced, one lady owner

£1,450 ono 07747 772235

#### **Rover-MG**



#### Rover 420 **GSDI Turbo**

door saloon, 2.0L, R Rec manual,, diesel, metallic blue, 110,393 miles, A\C, CD, E/W, P/S taxed 'til 31 June, MOT ' till 29 August grey leather interior, 53 mpg approx, service history, vgc

£900 ono 07899 696369

#### **Rover 75 Tourer** 1.8T Connoisseur SE

2005, 55 plate, 76,000 niles, diesel, Buckingha 2003 (03), 78,000 miles, Alloys, Climate, 2 owners, FSH, metallic blue and full black leather, top of the range, electric seats, parking sensors, multi CD and more, MoT July '12, tax Jan '13 Miles, diesel, buckingham blue, lightstone leather, ful Vogue spec including Venture Cam, service history, MOT & tax, immaculate condition

£17,500 £2.500 07850 477540 07967 016820

#### Seat



#### Seat Altea **Reference Sport**

Diesel, 2007, platinum metallic, 55,000 miles, A\C, Alarm, Alloys, FSH, rear parking sensors, r/c/l, 12 months MOT, 6 months tax very good condition

£5,300 ono 01763 221137 07791 505242



**Toyota Avensis** 

2.0 VVT-IT Spirit, manual top of the range 5 door

top of the range 5 door hatchback, petrol, 2004, Blue, 77.890 miles, AC, Alloys, E/W, Immobiliser, Tow bar, full leather interior, service history, r/c/l, headrests, CD/radio cassette Toyota GPS sat nav, taxed end June, MOT September, clean condition, drives well

£3.790

SOLD

**Toyota** 

#### **SEAT IBIZA**

3 doors, manual, petrol, 2007, Silver, 39,000 miles A\C, P/S, one lady owner, FSH, Excellent Condition, MOT Sept 2012, 16" alloys Front Flectric Windows Trip Computer, r/c/l, tinted Glass, Cloth interior

Seat

£3.950 07879 412712

Skoda

Skoda Fabia

1.4 TDI 2004

Diesel, 60 mpg, FSH, 114,000 miles, Blue, 2 owners, Tax and tested, A\C, CD, Alloys, Excellent runner

£2,395

07795 804907

01763 220214

#### Toyota Avensis Ť-3-S D-4D

2005, diesel, Silver, 128,000 miles, 5 doors, hatchback, 1995cc, MoT & tax until end of December, folding rear seat, sat nav

£2,850 07841 193333

Toyota MR2

etrol, 1991, 97000 miles

Alloys, Immobiliser, eather, P/S, Mild upgrades

on brakes, suspension & engine. Workshop manual, history, tax/mot till Sept. Good condition.

£1250.

01799 541578

#### Smart

SMART Fortwo Brabus 3DR auto, hatchback, black, 35k, special edi-tion, 1 years MOT, Tau until 31st Dec, 1 female owner. £4,995. Tel: 07858 241777.

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Toyota

MR2 T Bar

Twin Turbo

import

1998, metallic green, 112,895 miles, good condition for year, black leather/ suede interior, MOT until October, 6 months tax

£1,250 ono

private plate

extra

01487 711522

### **Vauxhall**



### Vauxhall Astra 1.8 SRi+

Black, 5-door, 17" Alloy wheels, 41,000 miles. Excellent condition in/out FSH, Tax & MOT until Apr

£4,250 ovno 07813 545572 Nr Stansted Airport

#### Vauxhall

VAUXHALL Corsa 1.2 Club, 2003, 03 Plate, Met. Red, Only 38,000 miles, F.S.H. P.A.S. C/locking, Evindows, Airbag, Radio/Cassette, Colour Coded Bumpers & Mirrors, Immobiliser, Long M.O.T. Warranty, Excellent Condition, 22850 01799 584327 07779 557267 www.rowleyscars.co.uk www.rowleyscars.co.uk

#### Vauxhall Corsa Club

1229cc, 2007, Petrol, Automatic, 3 door hatchback, Blue, E/W, Alloys, CD/Radio, 33,000 miles, MOT Nov '12, Tax April '12, 2 owners, Excellent condition

£4,600 ono 01223 292524



#### Vauxhall Astra Sportshatch 1.4 SRI

Oct 58, Only 23,000 miles Silver, Outstanding examp

£5.995 07545 175837 St Neots



#### Volkswagen



#### Volkswagen Golf GTI 2.0L Turbo

hatchback, 5 doors, Petrol 2005, Black, 75,000 miles ABS, A\C, Alarm, E/W, MO ABS, AIC, Alarm, E/W, MOT, E/M, Tax, alloys, radio/ 6 cm multi-changer, airbags, service history, PAS, c/l, excellent condition, 2 previous owners

5 door, Diesel, 06 plate, FSH, Metallic blue, Taxed up to 31st October 2012, Very good condition inside Very good condition inside and out, 100,000 miles

£3.900 ono 01763 207700 ask for transport

#### Volkswagen

VW Polo 1.4TDi Twist, diesel, 5 door, 2005, 05 Plate, Met. Blue, 52,000 miles, F.S.H. P.A.S. C/locking, E/windows, Airbags, Air con, Radio/Cass, Alloys, Colour Coded Bumpers, Immobiliser, Long M.O.T. Warranty, Excellent Condition, 23850 01799 584327 07779 557267 www,rowleyscars.co.uk www.rowleyscars.co.uk



2.4i SE Lux 2 dr Geartronic, Automatic. Petrol. 2006, grey Excellent Condition – 54,000 (one previous owner from new) FSH from Marshalls Cambridge from new, MO 01.09.12 Tax 31.07.12

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> £3.500 ono SOLD



1.9 TDi



Toyota Auris 2.0L D-4D T.Spirit

Diesel, 5 door, 6 speed, Reg Dec 07, 33,000 miles, MOT until Dec 2012, Tax until April, Very economical car, Excellent inside and out, FSH, Alloys, Alarm, A\C, CD, Cruise, Including of 14 months Marshalls warranty

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01353 662244 01223 235059



Vauxhall Agila 1.2

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£2.795 ono 01353 863292 after 5pm



M reg'd, 1995, 117,000 miles, FSH, maintained

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3

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WATER INDUSTRY ACT 1991
SECTION 162
NOTICE OF METER INSTALLATION WORKS
Notice is hereby given that Anglian Water Services Limited intend (when it becomes entitled to do so) to fix water and sewerage charges for the premises in the area(s) specified below by reference to the measured volume of water supplied by it to those premises. The premises in question are premises in respect of which, or in respect of any part of which, a person has his home, unmeasured charges have previously been payable by the customer, and the prescribed conditions set out in the Water Industry (Prescribed Conditions) Regulations 1999 are satisfied. Measured charges will not apply to the premises until: (a) The customer chooses to pay measured charges and does not revoke that choice in accordance with section 144A(5) of the Water Industry Act 1991;
(b) The prescribed conditions set out in the Water Industry (Prescribed Donditions) Regulations 1999 cease to be satisfied; or (c) There is a change in the occupation of the premises

(n) There is a change in the occupation of the premises and unmeasured charges have not previously been demanded from the person who becomes liable to pay the charges.

The meter will be installed on the service pipe supplying the premises and may involve other work necessary in connection with the installation.

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Customer Services Director, Anglian Water Services Limited, Anglian House, Ambury Road, Huntingdon, PE29 3NZ Dated 9 March 2012

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We are looking for a talented and experienced Marketing Manager to own and implement our marketing strategy. The successful candidate will support our commercial teams to secure budgeted revenue by delivering effective marketing strategies which enhance and promote the performance of our print titles, websites and vertical brands.



#### The role will require you to:-

Develop marketing plans and campaigns to communicate the benefits of our product portfolio, and drive relevant traffic to and through our websites and vertical brands yielding high quality response, visitor registrations and engagement.

Work with our creative agency to develop effective marketing communications and ideas to target all customer groups effectively. Monitor, analyse and report on performance and refine strategies accordingly.

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#### The ideal candidate:-

You will have approximately 4-6 years previous experience in a marketing manager/senior marketing role and hold a relevant marketing qualification.

Ideally possess experience of working in the media sector and have extensive experience of developing, maintaining and delivering on marketing strategies to meet company objectives. A strong understanding of digital technology and customer / market dynamics is essential.

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Applications should be sent for the attention of Janet Smith, Group Commercial Director. Iliffe News & Media, Park House, Winship Road, Milton, Cambridgeshire, CB24 6PP Email: janet.smith@iliffenews.co.uk



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### Results round-up

#### **FOOTBALL**

#### RIDGEONS LEAGUE

Premier Division: CRC 1 Brantham Ath O. Diss To 2 Wivenhoe I, FC Clacton I Wroxham O, Felixstowe & Walton Utd 6 Gorleston O, Hadleigh Utd 1 Ely City 3, Haverhill Rov 3 Great Yarmouth Tn O, Mildenhall Tn v Dereham Tn (abandoned – serious injury), Stanway Rov O Norwich Utd 1, Walsham Le Willows 2 Kirkley & Pakefield 1, Wisbech Tn O Woodbridge Tn O.

#### **ESSEX & SUFFOLK BORDER LEAGUE**

Division One: St Osyth O Haverhill Sports

#### KERSHAW LEAGUE

Premier Division: Brampton 3 Hardwick 2, Eaton Socon 1 Ely City res 0, Over Spts 1 Cottenham Utd 1, Somersham Tn 0 Newmarket Tn res 2, Waterbeach

1 Chatteris Tn O, West Wratting O Foxton 3.

Senior A: Hundon 5 Girton Utd 5, Castle Camps
4 Cherry Hinton 1, Debden 2 Cambridge City res 4,
Great Paxton 1 Sawston Utd 2, Hemingfords Utd 2 Milton 2, Soham Tn Rgrs res 3 Needingworth Utd 0 Soham Utd 3 Wimblington 1, Wisbech St Mary 2

Wisbech To res 1.

Senior B: Cambridge Univ Press res 1
Fenstanton 2, Longstanton 5 West Wratting res 2,
Outwell Swifts 2 Duxford Utd 0, Saffron Crocus 2 Lakenheath res 1, St Ives Rgrs 2 Comberton Utd 2, West Row Gunners 1 Swavesey Inst 0.

#### BIS LEAGUE

**Division 1A:** Clare Tn O Whittlesford Utd 4, Hardwick res 2 Sawston Rov 1, Royston Tn A 1 Barrington 1, Steeple Bumpstead O Gamlingay

Division 3A: Abjuston 11td 9 Wilbraham 1 Faton Socon A O Balsham 1, Linton Granta res 3 Orwell 5, Steeple Morden 2 Fulbourn Inst A 1.

**Division 4A:** Cherry Hinton res 1 Saffron Rgrs 4, Division 4A: Chemsord & Cave Utd res 2 Saffron

Debden res 4 West Wratting A 2, Duxford Utd res 3

Gransden 4, FowImere res 4 Cambridge
Ambassadors 0, Foxton res 2 Litlington Ath 5,

Haverhill Ath 3 Meldreth 3.

Division 5A: Glemsford & Cav Utd res 2 Saffron

Crocus res 0, Linton Granta A 2 Studlands Park I2, Saffron Dynamos 1 Sawston Utd A 3, Sawston Rov res 3 City Life res 2, Thurlow 3 Castle Camps res 0. TREADFIRST HALSTEAD LEAGUE

Premier Division: Halions Bumpstead 2 emsford Gladiators 0, Kedington 1 Acton Crown 1,

Punch 68 v Finchingfield (post). Knockout Cup: Halstead Wdrs 4 Rayne res 1, Pebmarsh 3 Clare res 2, Sporting 77 5 Belchamps 6. S-TECH CAMBS GIRLS' LEAGUE

Under-13 South: Bar Hill 0 Comberton Crusaders 2, Bassingbourn 2 Bishop's Stortford 2, Sawston 1 Haverhill Rov 1. Under-16: Bar Hill 1 Histon Hornets 12,

Netherton Diamonds 3 Haverhill Roy 1, Sawtry 2

#### BM KEMPTON 9v9 YOUTH LEAGUE

**Division A:** Cherry Hinton Lions 2 Cambourne Eagles 0, Great Bardfield 1 Burwell Tigers 1, Hardwick Harriers 6 Aztecs 2, Histon Hornets 2

**Division B:** Panthers 5 Cambridge Diamonds 0, Mepal Sports 2 Haslingfield 5, Milton 2 Comberton Crusaders 2, Red Lodge 9 Steeple Bumpstead 0, Saffron Hawks 5 Spartak 78 0. CAMBS MINI LEAGUE

Under-9A: Aztecs 8 Saffron Hawks 0, Kedington v Spartak 78 White (post), Little Legends 4 Saffron Walden Tn White O, Sawston Utd 3 Haverhill Rov White 2, Shelford & Stapleford Strikers White 9

Under-10A: Elsenham 3 Sawston Utd 12, Great Bardfield 2 Hundon Hawks 3, Haverhill Rov White 1 Plantation White 5, West Wratting 1 Shelford & Stapleford Strikers White 3.

Under-10B: Aztecs 1 Haverhill Rovers Blue 0, Panthers 3 Balsham 0, Teversham 11 Newmarket Tn

Under-11B; Bar Hill 8 Haverhill Rov Blue 1, Bluntisham Blasters Blue 2 Dynamo Foxton 3, Oakington Vikings 1 Balsham 3, Sawston Utd 9 Gransden 1, Soham Utd 1 Waterbeach White 1,

Whittlesford Warriors 2 Longstanton 0. Under-11D: Bluntisham Blasters White 2 West Wratting 5, Cambridge Celts 2 Milton 2, Fulbourn Falcons White v Hardwick Harriers White (post) Great Bardfield 2 Over Spts 4, Newmarket Tn Yellow 0 Aztecs White 3.

Under-11E: Caldecote 6 Bottisham 0, Hardwick Harriers Blue 3 Haverhill Rov White 0, Mepal Spts 5 Aztecs Blue 0, Thurlow 5 Waterbeach Blue 1, Witchford 3 Willingham Wolves 4.

#### Sunday

#### TREADFIRST SUDBURY & DISTRICT SUNDAY LEAGUE

Division One: Dragons 1 Horse & Groom 4, Haverhill Royal Exchange 0 Lionhearts 3, Lavenham v Super Shooters (post), White Hart 2

Boxford Rov 3 Birdbrook Plough 3, Gallery 2

Division Three: Stoke by Clare O HESMC 4, The

eadmen 1 Acton Crown 6.

Division Four: Bildeston Rgrs 3 Haverhill Hammers 4, Sudbury Vikings 4 HESMC res 1, Wells Hall Wdrs v Northcroft (post).

#### EDAN TROPHY

Second round: Haverhill Rose Tavern 6 AFC

#### CAMBRIDGE AND DISTRICT COLTS LEAGUE

Under-12B: Arbury Aces 6 Isleham Utd 2, Chatteris Tn 5 St Ives Rgrs White Sox 5, Haverhill Rov 6 Hundon Hawks 1, Newmarket Tn Blue 0 Tuddenham Rgrs 4, Stretham Sporting 0 Ramsey 6, Witchford 5 Shelford & Stapleford Strikers 2.

Under-13C: Waterbeach 1 Plantation 3, Whittlesford Warriors 12 Huntingdon Rowdies 2, Chatteris Tn White 8 Needingworth Blue 3, Cambridge Celts 5 Haverhill Roy 1, Hundon Hawks 1 Shelford & Stanleford Strikers White 3

Sneiford & Stapleford Strikers White 3.

Under-13E: Isleham Utd 1 Aztecs 7, Sutton Rgrs 7

Needingworth Yellow 0, Walpole Warriors 3 Burwell
Tigers 1, Fulbourn Inst 3 Benwick Ath 1, Steeple mostead Dynamos 8 Great Paxton 1.

Under-14B: Cherry Hinton Lions 1 Kedington 5, Mildenhall Tn 4 Waterbeach 1, Little Paxton 1 Walpole Warriors 6, Priory Parkside Yellow 8 Bar Hill 1, St Ives Rgrs Black Sox 2 March Rgrs 2.

Under-14C: Burwell Tigers O Histon Hornets 5, Littleport Tn 2 Fulbourn Institute 2, Needingworth Blue 3 Aztecs White 1, Buckden 2 Huntingdon Rowdies 1, Newmarket Tn Blue 0 West Wratting 6.

Under-14E: Haverhill Rov Blue 2 Godmanchester

Rov Blue 5, Great Bardfield 6 Priory Parkside White 2, Spartak 78 11 Soham Utd 1. **Under-15A:** Arbury Aces 2 Priory Parkside Black 0, Cherry Hinton Lions White 1 West Wratting 5, Saffron Walden Tn 2 Haverhill Roy Blue O. St Ives Rors Black Sox O Milton 2

Under-15C: Cherry Hinton Lions Blue 4 Buckden O, Gamlingay Utd 0 Ely City 3, Needingworth 0 Godmanchester Roy Blue 4, Staploe and Duloe 7 Chesterton Villa O, Hundon Hawks 2 Walden

**Under-15D:** Chatteris Tn Blue 1 Isleham Utd 1,

Haverhill Rov White 3 Comberton Crusaders 2.

Under-16A: Cambridge Albion 2 West Wratting 0, Huntingdon Rowdies 1 Priory Parkside Black 1, Godmanchester Rov 1 Ramsey 2, Wisbech St Mary 3 KC Cougars 2, Witchford 7 Sawston Utd 1. Under-17B: Lakenheath 6 Hemingford 2,

Evnesbury Roy 5 Hundon Hawks 0.

#### Tuesday

#### RIDGEONS RESERVE LEAGUE

#### HOCKEY SUFFOLK LEAGUE

Premier Division: Haverhill 3 Newmarket II 0. Division One: Haverhill II 7 Grasshoppers II 0.

#### **RUGBY UNION**

SUFFOLK MERIT LEAGUE

Division One: Diss 29 Haverhill 10. Division Two: Haverhill II 38 Clacton 24

#### >> Karate

## Three aces Chalk up top gradings

THREE members of Chalkstone Karate Club have passed the difficult black belt grading

**Assistant instructor Mark Ashwood** graded to Second Dan (nidan), while Jason Little and Hannah Dance both graded to First Dan (shodan). Dance was the first female member of the club to pass the

All have spent many hours undertaking extra training both at the club and at the Chisai Dojo in Witham, where the grading exams took place under Sensei Joe Anderson, Eighth Dan black belt and head



of the Toyakwai Karate Association. Sensei Steve Hart said: "I am verv pleased and proud of Mark, Jason and Hannah for their hard work and dedication to their karate, which has made the exam passes possible.

Chalkstone Karate Club meets on

Tuesdays at the Chalkstone Community Centre from 7pm, more information available from

www.chalkstonekarateclub.co.uk or from Sensei Steve Hart on 07747 063981.

Pictured, from left, are Jason Little, Mark Ashwood and Hannah Dance.

#### >> Youth football

### Steeple Bumpstead Dynamos 8

Cambridge & District Colts League, under-13E DYNAMOS started brightly and Joe Brown opened the scoring within the first five minutes with a low shot past

Paxton surprised the home defence with a quick breakaway goal to level the score, but then Steeple took control. Brown scored his second and Samuel Smith netted to make it 3-1 at

Bumpstead continued to dominate throughout the second half and, despite having two goals disallowed and missing a penalty, they were convincing winners.

Two goals from Jamie Basham, a tap-in for Archie Sadler, a powerful header by James Conroy and a shot into the corner by Greg Birch completed the scoring.

Cherry Hinton Lions White 1 West Wratting 5 Cambridge & District Colts League, under-15A CONNOR Snow became the 14th squad player to score for West

Wratting's under-15s this season as they smashed a five past their hosts. Captain Liam Mitchell headed powerfully home from a Harvey Scotton corner to open the scoring, Earle Lambert thundered a rightfooted effort into the bottom left corner, and man-of-the-match Harry Wilson volleyed home from a corner.

Meanwhile, Ben Weedon grabbed the team's 50th A-league goal

#### Cambridge Albion 2 West Wratting 0

Cambridge & District Colts League, under-16A WRATTING started brightly and should have gone ahead in the first minute when Harrison Ford skipped past his marker on the left and delivered to the far post, where Sam Langham set up Jack Whiting, whose shot was hacked to safety by the Albion keeper.

The hosts took the lead through a Wratting own goal, and they added a

# **Goal-den Brown** quick off mark

second before half time. Man-of-thematch Josh Free had Wratting's best chance, hitting the side-netting after a one-two with Dan Espin.

Wratting had two strong claims for a penalty – both for handball – denied in the second half, and Zak Ollington headed just wide from Jack Whiting's cross, but there were no further goals.

#### Histon Hornets 2 West Wratting 0

BM Kempton 9v9 Youth League, Division One WEST Wratting's unbeaten run in 2012 came to an end with an undeserved loss against Histon Hornets.

Wratting started the brighter in the top-of-the-table clash and created a number of opportunities early on, particularly for Dan Cordwell whose long-range effort was well saved by the Histon keeper as it seemed destined for the top corner.

Kealan Boon was marshalling the Wratting defence well and William Coleman and Callum Cooley were controlling the midfield.

However, Histon slowly began to find their feet and came more into the game, and keeper Charlie Mitchison parried a shot over the bar.

It was a tight game, but Histon took their opportunity just before the break when a long ball caught out the Wratting defence and an attacker slotted low past Mitchison. The half closed with Cordwell clipping a shot

The second half saw Wratting press, and Cordwell and Jayden Bayford both had shots deflected for corners.

Histon found more space to create opportunities and it was a period of good pressure that brought the key moment of the game as a Histon attacker was brought down in the box and the resulting penalty was well struck low past Mitchison.

There was no way back for Wratting who were left to rue a number of missed chances.

■ West Wratting under-10s lost 3-1 to Shelford & Stapleford Strikers White in the Cambs Mini League, Division 10A. Jack Lisher scored the Wratting goal.

#### Cherry Hinton Lions White 1 Kedington 5

Cambridge & District Colts League, under-14B THE game started well for Kedington, but they were unable to capitalise on their domination and it was Cherry Hinton who scored first.

Kedington were soon level when Lewis Head headed Callum Dray's throw on to Ty Alleyne, who converted from the edge of the area.

Steve Boyles and Cameron Larkin combined in midfield to send Alleyne chasing the ball towards the corner flag, and his cross was expertly met by Ellis Wiffen with a well-placed header to put Kedington in front.

And before half time, Jack Trowbridge crossed from the right to Conor Rankin, who unselfishly set up George Mustoe for the third goal.

Mustoe scored again early in the second half, Sam Street's throw-in eventually found its way to Bailey Cassidy, who squared the ball for Rankin to chip the keeper for the fifth.

### Rosie rides to podium finish



**ROSIE Chinery finished third in her** category at the Isleham Horse Trials at Whitehill Farm.

The Haverhill rider piloted Balito V to the podium places in section H in the opening meeting of the British eventing season, as well as finishing 12th in the open novice class on board One Way.

Horseheath's Trixie Gingell finished seventh in section F riding Tanzivan Time To Be Tempted thanks to a dressage score of 34.5, followed by a clear show-jumping round and a double

clear in cross-country.

She followed it up by finishing just outside the top 10 in the John Brown (Gazeley) Ltd category on Bhanoyi, picking up time penalties in the cross-country after a double jumping

Pictured is Trixie Gingell aboard

Picture: Gary Malkin (CP)

# Ace Harvey swoops to decide close encounter

HAVERHILL under-nines won one, drew one and lost one of their triple-header at Royston.

>> Youth rugby

Luke Wheeler crossed for Haverhill's first in a 25-20 win, with further scores by Max Dearman, Rohan Varia and John Adams, who intercepted a pass and ran in to make it 20-20. Royston attacked, but a hit by Oscar Harwood dislodged the ball and Charlie Harvey picked up and outstripped the Royston cover for the deciding score.

With only nine players on

the day, their efforts in the first match showed as a fresh Royston side won the next encounter 25-0.

But Haverhill picked themselves up for one last big effort and, after the hosts had gone ahead, Harwood and Varia linked to put Wheeler into space to clinch a 5-5 draw.

■ Haverhill under-11s came up against a much larger Royston side, who used their bulk to their advantage in a 49-7 win

Haverhill started to string some moves together in the



On the run: John Adams, Charlie Harvey and Max Dearman of Haverhill under-nines in action against Royston.

second half, and one foray resulted in Jake North crashing over for a deserved try which Dean Cleary converted.

■ Haverhill under-eights emerged from three close matches against Royston with two draws and a narrow defeat.

The first match ended 30-30 as Ben Warren, Luke Godfrey, Josh Branley (2) and Riley Brown (2) crossing the line for Haverhill. Match two was just as exciting as the two teams traded tries. Branley ran in three and Brown one in a 20-20 draw. while Alex Barker, Aidan Denty, Sam Davies and Kai Rintoul worked hard in defence. But Haverhill were pipped

30-25 in the final match, despite Branley (2), Warren Davies and Brown touching down.

# **EEKLY NEWS SPORT**

March 15, 2012 email: haverhillsport@cambridge-news.co.uk

**Karate aces** really make the grade!



**FULL REPORT IS ON PAGE 55** 

>> Football

# Abbott back Matt's the best by Far Matt's the with a bang

Haverhill Rovers 3 Great Yarmouth 0 Ridgeons League, Premier Division

A QUICKFIRE first-half brace from Marc Abbott on his return to first-team football helped Haverhill condemn their bottom-placed visitors to relegation on Saturday at the New Croft.

In a game which they always dominated, early Rovers pressure saw both Scott Wilby and Dan Cornwell go close, with the Yarmouth keeper Ben Cudden

being particularly busy.

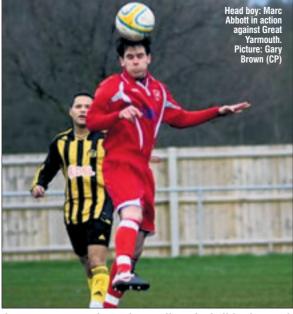
Abbott broke the deadlock after 15 minutes when a fine run and cross from the left by Jack Wilkinson was controlled by Wilby on the edge of the box and then rolled to Abbott, who fired

the ball home.

Cornwell then failed to increase the advantage after robbing centre-back George Barnden of possession before shooting wide but, in the 20th minute, a long Stuart Wardley free kick was mis-controlled by the Yarmouth defence, and Abbott was quickest to react, bursting into the penalty area before calmly stroking the ball

past Cudden.
Continued Rovers pressure for the remainder of the first half failed to produce goals. Craig Calver shot wide across the keeper on 27 minutes, after being put though by Cornwell, and just before half time a fine Wilby corner saw Wardley climb above the Yarmouth defence and force Cudden into a fine save.

Yarmouth's best opportunity of



the game came early in the second half, when Diego Fernandez was presented with a gilt-edged opportunity following clever wing play by Nathan Kemp, but his side-footed effort ballooned over the bar.

Cudden was then forced back into the action, making a fine save after Wilby was sent

He could do little about the third goal, however, with Calver

pulling the ball back to Jack Higgs, who curled the ball into the bottom corner of the goal to enable Rovers to run out comfortable winners.

Rovers travel to struggling Wivenhoe in the Premier Division on Saturday, before playing their rescheduled Suffolk Premier Cup semi-final against Lowestoft next Tuesday. The match is being held at neutral

Captains' Special Event, hosted by immediate past lady captain Marian Mercer and club captain

Keith Brown.
The format individual stableford, played off seven-eighths handicap, and Farlie won with 42pts. Paul Bartlett was second on 38, ahead of Frank Gooch on countback.

Junior girls' captain Alice Iron posted the best junior score of 40 and was also nearest the pin among the ladies.

Richard Peck was nearest the pin in the men's, while Steve Brooks and Gillian Barke hit the

longest drives.

The day also raised more than £1,000 for Alzheimer's research.

■ Mary Sail was a clear Mary Sail was a clear winner of the Ladies Rosebowl Final, incorporating the Saturday March Medal. Her excellent round of 88-17-71 saw her win ahead of Lyn Fish (99-21-78) and Marian Mercer (104-23-81).

■ Graham Hepworth won the Men's Midweek Medal with a net 68, trimming his handicap by a shot to 22. But he needed countback to prevail over

Jonathan Cliston.

Results – Division One: 1
Chris Vince 75-2-73, 2 Chris Iron
80-9i-71, 3 Eamonn Bareham
9-6-73. Division Two: 1
Jonathan Cliston 84-16-68, 2
Store Division 84-16-68, 2 Steve Piotrowski 84-15-69, 3 Jonathan Wiseman 84-15-69. Division Three: 1 Graham Hepworth 91-23-68, 2 Patrick Bowes 95-24-71, 3 Len Adams 94-24-72.

■ Sally Price and Karen Wilby won the Ladies LGU Coronation Foursomes with 31pts, ahead of Doreen Darbey and Denise Walker with 30.



Top performers: The pick of the bunch at the Captains' Special Event at Haverhill Golf Club, back from left, Matt Farlie, Paul Bartlett and Frank Gooch. Front: Alice Iron.

Mary Sail and Jackie Condon were third with 29. The winners go on to play in the regional final at

Frinton on Sea on July 26.

Mich Calmet saw his handicap cut by a shot to

18 after winning the Men's Medal with a net 68. Results – Division One: 1 Steve Nichols 83-12-71, 2 Terry Lyons 81-10-71, 3 Lewis Whiting 77-6-71. Division Two: 1 Mich Calmet 87-19-68, 2 Alastair Cocks 85-13-72, 3 Trevor Broomfield 86-13-73. **Division Three**: 1 Chris Beirns 99-28-71, 2 Peter Amies 95-23-72, 3 Spenser Lee 96-21-75.

■ Gordon Price was victorious in the Midweek Medal, played in heavy rain. His net 67 was the best score on countback. and his handicap was cut

**Results – Division One:** 1 Gordon Price 79-12-67, 2 Andy Fish 73-5-68, 3 Kim Ward 85-12-73. Division Two: 1 Pat McGarr 73. Division Iwo: 1 Pat McGarr 81-14-67, 2 Stuart King 83-13-70, 3 John Stokes 86-15-71. Division Three: 1 Graham Hepworth 97-22-75, 2 Paul Mower 105-27-78, 3 Patrick Bowes 103-24-79.

A score of net 77 was enough for Pat Wellstead to win the Ladies March Medal. Her handicap was trimmed by a shot to 33 as a result.

Second with a nett 78 was Jackie Condon, with Sue Carr third on 85.

■ The Seniors inter-club match season got under way with a 5-3 home win over Newton Green, followed the next day by a 4-4 draw against Čolne Valley, also at home.

#### >> Rugby union

### Hat-trick hero Carew cuts opponents down to size

Haverhill II 38 Clacton II 24 Suffolk Merit League Two

A SECOND-HALF four-try blitz left Clacton reeling as Haverhill came from behind at half time to win.

Keiron McDonagh was instrumental in putting the first points on the board within two minutes as he powered through the

defence and set up Darren Carew to touch down.

Clacton's pace in the backs saw them recover to lead 19-14 at half time, with Paolo Nash scoring Haverhill's other try of the half.

But it was after the break that the hosts began to exert themselves, putting on 24 points without reply with tries from Adam Hunt,

Carew (2) and Ricky Harris. Clacton finally broke down the defence for a deserved consolation try on 80 minutes.

On Saturday, Haverhill II entertain Brightlingsea II in a bumper afternoon of rugby at Castle Playing Fields as the first team entertain Clacton in the semi-final of the Suffolk Plate.

All classes & PowerPlates included



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### **New Membership Prices**

**PLATINUM** £25.50 PA.Y.G £5.00 **GOLD** £20.50 P.A.Y.G Lunchtime Special (12-2pm) £3.00 **STUDENT** £20.00 PIF PLATINUM **1 MONTH TEMP** £30.00 PIF GOLD